

Employee Training & Development Opportunities 2024

Stockton Processes & Systems			
Topic	Audience	Format & Facilitator	Date, Link, or how to schedule
ePAR Rater Cycle & System Training	Employees serving in the Rater role in ePAR	On demand video tutorial	https://youtu.be/4ViRRJ-uCdQ
ePAR Ratee Training	Classified employees evaluated through the ePAR system	On demand video tutorial	https://youtu.be/IE-TecFyXjo
ePAR Rater Refresher session Initial 2023	Employees serving in the Rater role in ePAR	On demand video tutorial	https://youtu.be/b_hqNlp2bSQ
ePAR Rater Refresher session Interim Review 2023	Employees serving in the Rater role in ePAR	On demand video tutorial	https://youtu.be/bA5Yolm5I5g
ePAR Rater Refresher session Final Review 2023	Employees serving in the Rater role in ePAR	On demand video tutorial	https://youtu.be/WJWBsGC9j44
ePAR Rater Refresher session Initial 2024	Employees serving in the Rater role in ePAR	On demand video tutorial	https://youtu.be/m_UfzbaFHDI
AFT Professional Staff: Evaluation and Reappointment	AFT Professional Staff	On demand video tutorial	https://youtu.be/HClvuZw9Eu8
AFT Professional Staff Performance-Based Promotions	AFT Professional Staff	On demand video tutorial	https://youtu.be/uTr3Fik61Nk
MER Goal Setting Training	Managers	On demand video tutorial	https://youtu.be/7nvlROvmYpk
Wellness			
Topic	Audience	Format & Facilitator	Date, Link, or how to schedule
Alzheimer's Caregiver Support Group	All employees or community members	In-person or Zoom Sponsored by SCOSA	Tuesdays, Noon-1pm Click here to register
Healthy Mind Tool Kit: Boosting Your Mental Health	All employees	In-person session Facilitator: EAP facilitator	Click here to watch the recorded webinar
The Many Faces of Grief: Coping with Loss	All employees	In-person session Facilitator: EAP facilitator	Click here to view to watch the recorded webinar
Best (Furry) Friends	All employees	On demand Online seminar	Click here to view Available on demand after this date

Updated 04/16/24

Food for Thought	All employees	On demand Online seminar	Click here to view
Balancing Act: Strategies for Mental Health	All employees	On demand Online seminar	Released 5/21/24 Available on demand after this date
Living Well 365: Igniting Motivation for a Fulfilling Life	All employees	On demand Online seminar	Released 6/18/24 Available on demand after this date
Parenting Adolescents: Understanding Gen Z in Your Home	All employees	On demand Online seminar	Released 7/16/24 Available on demand after this date
Harnessing Positive Reinforcement for Success	All employees	On demand Online seminar	Released 8/20/24 Available on demand after this date
Crafting Joy: Finding Fulfillment in Creative Pursuits	All employees	On demand Online seminar	Released 9/17/24 Available on demand after this date
Aging Parents, Renewed Connections	All employees	On demand Online seminar	Released 10/15/24 Available on demand after this date
Laughter Helps	All employees	On demand Online seminar	Released 11/19/24 Available on demand after this date
Positive Impact: Become the Influence	All employees	On demand Online seminar	Click here to view
Money Matters: Navigating Emotions for Financial Wellbeing	All employees	On demand Online seminar	Click here to view
Caring for the Caregiver– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Tackling Negative Thoughts Associated with Trauma (Israel-Hamas Conflict)	All employees	On demand Online Seminar	Click here to view
Making a Change– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Pause.Breathe.Resume– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Rays of Sunshine – EAP online seminar	All employees	On demand Online Seminar	Click here to view
Tackling Loneliness– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Set Boundaries and Boost Your Wellbeing– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Guiding Your Family to Greener Living– EAP online seminar	All employees	On demand Online Seminar	Click here to view

Updated 04/16/24

Are You a Good Listener? – EAP online seminar	All employees	On demand Online Seminar	Click here to view
Keeping an Open Mind– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Overcoming Parental Guilt– EAP online seminar	All employees	On demand Online Seminar	Click here to view
Digging Deep– EAP online seminar	All employees	On demand Online Seminar	Click here to view
The Gratitude Habit– EAP online seminar	All employees	On demand Online Seminar	Click here to view
NJ Department of Pensions & Benefits Webinars			
Deferred Compensation (NJSEDCP) Plan Overview for State of NJ Employees	All state employees	Webinar offered by NJ Department of Pensions & Benefits	One hour Click here to view and register for upcoming dates
5 Steps to Retirement Readiness for State Employees	All state employees	Webinar offered by NJ Department of Pensions & Benefits	One hour Click here to view and register for upcoming dates
Retirement Planning for PERS & TPAF Members – State Employees only	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	1.5 hours Click here to view and register for upcoming dates
Overview for Employees in the DCRP	All state employees	Webinar offered by NJ Department of Pensions & Benefits	45 minutes Click here to view and register for upcoming dates
Reviewing a Sample Retirement Application for PFRS Members	PFRS members	Webinar offered by NJ Department of Pensions & Benefits	30 minutes Click here to view and register for upcoming dates
Retirement Planning for PFRS (Police & Fire) Members	PFRS members	Webinar offered by NJ Department of Pensions & Benefits	2 hours Click here to view and register for upcoming dates
PERS and TPAF Retirement Estimates	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	30 minutes Click here to view and register for upcoming dates
Reviewing a Sample Retirement Application for PERS and TPAF Members	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	30 minutes Click here to view and register for upcoming dates
Retirement Types, Eligibility & Calculations for PERS & TPAF Members	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	45 minutes Click here to view and register for upcoming dates
Live Q&A for PERS and TPAF Members – State Employees Only	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	1 hour Click here to view and register for upcoming dates

PERS & TPAF Pension Payment Options	All employees	Webinar offered by NJ Department of Pensions & Benefits	30 minutes Click here to view and register for upcoming dates
Purchasing Service Credit for PERS, TPAF, & PFRS Members	PERS, TPAF, & PFRS members	Webinar offered by NJ Department of Pensions & Benefits	45 minutes Click here to view and register for upcoming dates
Social Security Benefits for Members of all NJ State Administered Retirement Systems	All employees	Webinar offered by NJ Department of Pensions & Benefits	One hour Click here to view and register for upcoming dates
Understanding Your Pension Benefits for PERS & TPAF Members – State Employees Only	PERS & TPAF members	Webinar offered by NJ Department of Pensions & Benefits	1.5 hours Click here to view and register for upcoming dates
Management/Supervisory Development			
Topic	Audience	Format & Facilitator	Date, Link, or how to schedule
Reclassification Workshop for Managers	All Managers	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled in Fall 2023 Divisional meetings. On demand version available early 2024
Supervisory Development Series: Emotional Intelligence I	All current or potential supervisors including managers	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request
Supervisory Development Series: Emotional Intelligence II	All current or potential supervisors including managers	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request
PIP/PDP training for managers	Managers	On demand video tutorial	https://youtu.be/oWTBYg0WV4Y
Diversity, Equity, Inclusion – Teams & Individuals			
Topic	Audience	Format & Facilitator	Date, Link, or how to schedule
The New Jersey Law Against Discrimination in the Workplace	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/09/24, 9:30am-11:30am 06/13/24, 9:30am-11:30am 07/11/24, 9:30am-11:30am

			08/13/24, 9:30am-11:30am 10/17/24, 9:30am-11:30am Click here to register for any date
Hair Discrimination and the NJ Law Against Discrimination	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	04/18/24, 9:30am-11:30am 06/18/24, 9:30am-11:30am 08/1/24, 9:30am-11:30am 10/8/24, 9:30am-11:30am Click here to register for any date
Reasonable Accommodations in the Workplace and the Law Against Discrimination	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/15/24, 9:30am-11:30am 07/02/24, 9:30am-11:30am 09/05/24, 9:30am-11:30am 10/30/24, 9:30am-11:30am Click here to register for any date
Understanding Implicit Bias	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/08/24, 9:30am-12:30pm 06/25/24, 9:30am-12:30pm 08/06/24, 9:30am-12:30pm 09/26/24, 9:30am-12:30pm 10/29/24, 9:30am-12:30pm Click here to register for any date
Recognizing and Responding to Microaggressions	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/29/24, 9:30am-11:30am 07/31/24, 9:30am-11:30am 09/11/24, 9:30am-11:30am 10/10/24, 9:30am-11:30am Click here to register for any date
Strategies for Effective Bystander Intervention	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/21/24, 9:30am-11:30am 08/22/24, 9:30am-11:30am 10/31/24, 9:30am-11:30am Click here to register for any date
Walking on Eggshells: Navigating the Language of Diversity	All Employees	Virtual facilitation offered by the NJ Division of Civil Rights	05/07/24, 9:30am-11:30am 06/04/24, 9:30am-11:30am 08/08/24, 9:30am-11:30am 09/12/24, 9:30am-11:30am 10/22/24, 9:30am-11:30am Click here to register for any date
Stockton StepUp to Exclusionary Culture – Bystander Intervention Training	All Employees	In-person or facilitated Zoom session Facilitator: Brian Pluchino	Scheduled upon request for teams

Overcoming Unconscious Bias (Respectful & Inclusive Workplace series)	All Employees	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Embracing Diversity & Inclusion (Respectful & Inclusive Workplace series)	All Employees	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Preventing Harassment (Respectful & Inclusive Workplace series)	All Employees	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Standing Up to Bullying (Respectful & Inclusive Workplace series)	All Employees	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Professional Development – Teams & Individual			
Topic	Audience	Format & Facilitator	Date, Link, or how to schedule
Professionalism in the Workplace	Any employee group	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
MBTI Personality & Teambuilding	Any employee group	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Emotional Intelligence for Teams	Any employee group	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams

CliftonStrengths – Understanding individual and team strengths	Any employee group	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams
Customer Service 101	Any employee group	In-person or facilitated Zoom session Facilitator: Christy Cunningham	Scheduled upon request for teams