

DRUG AND ALCOHOL PREVENTION PROGRAMS

OCTOBER 2024

TABLE OF CONTENTS

ANNUAL NOTIFICATION OF THE DRUG AND ALCOHOL ABUSE PREVENTION PROGRAM (DAAP	•
STANDARDS OF CONDUCT	
Rіснтя	
Campus Conduct code, civil law, and civil authorities	
Responsibility	
Alcohol	
Drugs	
Failure to Comply	
Other Policies	
Drug and Alcohol-free workplace	
POLICY REVIEW	
ALCOHOL	
DRUGS	
DRUG AND ALCOHOL PREVENTION PROGRAMS	
Wise Choices Workshop	
ALCOHOL AND DRUG Peer Education (ADPE) Program	
Certified Peer Educator (CPE) Training	
Green Dot Bystander Strategy	
TIPS (Training for Intervention Procedures)	
Narcan Training	5
Collegiate Recovery Program	
Sober Curious	6
All Recovery	6
Lolla-No-Booza	6
Step Up! Stockton	6
HERO CAMPAIGN	6
Vector Solutions: Alcohol and Other Drugs	6
Ампеяту	<i>6</i>
Treatment Services Available	6
LEGAL SANCTIONS	
Chart 1 Federal trafficking penalties	7
Project medicine Drop Program Information	8
Chart 2 Sanctions Under New Jersey Law For Unlawful Possession Or Distribution	
Chart 3 Sanctions Under Municipal Code	10
COMMONLY ABUSED DRUGS AND HEALTH RISKS	
DRUG AND ALCOHOL PROGRAMS	
EMPLOYEES	
CURRENTLY ENROLLED STUDENTS	
GOOD SAMARITAN	
DISCIPLINARY SANCTIONS	
EMPLOYEES	
CURRENTLY ENROLLED STUDENTS	

NOTIFICATION OF	THE DRUG A	BUSE AND ALC	DHOL PREVENTIO	N PROGRAM	(DAAPP)	
STUDENTS						
EMPLOYEES						

DRUG AND ALCOHOL POLICY STATEMENT:

Stockton University recognizes the serious effects of the misuse of lawful drugs, the possession and use of unlawful drugs and the abuse of alcohol on the performance and well-being of its students and employees. While respecting the independence of its community members, the University requires that all members of the campus community comply with local, state and federal laws,

including those that govern the use of alcohol and other drugs. To promote compliance and to support a healthy campus culture, the University has implemented a Drug and Alcohol Prevention Program (DAAPP) to: (a) provide relevant and effective educational programs about the health risks associated with the abuse of alcohol and other drugs; (b) articulate common standards for conduct and legal and institutional sanctions for violations; and (c) provide access to support and resources for students and employees.

The University's drug and alcohol program is guided by the Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug Free Schools and Communities Act (DFSCA) and the federal Drug-Free Workplace Act of 1988 (DFWA). The DFSCA requires an institution of higher education, such as Stockton University, to certify that it has implemented programs to prevent the abuse of alcohol and to prevent the abuse of alcohol and use, and /or distribution of illicit drugs by student and employees on University premises and as a part of any sanctioned University activities.

Annual Notification of the Drug and Alcohol Abuse Prevention Program (DAAPP)

This annual notification of the issuance of the 2024 DAAPP includes the following pertinent information:

- A. Standards of conduct
- B. Legal sanctions for violations;
- C. Health risks associated with abuse of drugs and alcohol;
- D. Available drug and alcohol treatment and rehabilitation programs;
- E. Disciplinary sanctions for students and employees, and much more.

Standards of Conduct

- A. Rights. Stockton University recognizes members of the University community as full-fledged citizens bearing the rights and responsibilities of all other members of American society. In support of the University's mission, these basic rights include freedom to learn, free speech, peaceful assembly, association, and/or protest, and also freedom from personal force, violence, abuse, or threats of the same. As a citizen, each member of the campus community also has the right to organize their own behavior, as long as it supports the University's educational mission and does not violate laws or interfere with the rights of others or the educational process. The University is not a sanctuary from the law and the University does not stand in loco parentis.
- B. Campus Conduct Code, Civil Law and Civil Authorities. Stockton is dedicated to the dissemination of knowledge, the pursuit of truth, the development of students, and the general well-being of society. The information and Code of Conduct statements enumerated in this policy contain essential principles that promote civil and respectful behavior that are fundamental to a realization of these goals. These principles are expressed through five values: integrity, community, social justice, respect and responsibility. It is the responsibility of all Stockton community members to know the Code of Conduct, uphold the values, and refrain from prohibited conduct. See <u>Campus Conduct Code Policy File Number 1-55</u>.
- C. Responsibility. University community members assume personal responsibility for civil conduct to themselves, to others, and to the community. Behaviors that violate this value include but are not limited to:
 - 1. Alcohol: Possession, consumption, distribution, or attempted distribution of alcoholic beverages in contravention of federal, state, or local laws or University regulations or knowingly being present at the time of prohibited conduct while on University premises or while on University business.
 - 2. Drugs: Unauthorized possession, use, misuse, transfer, distribution or attempted distribution of legal drugs, illegal drugs, prescription drugs, controlled dangerous substances, or drug paraphernalia that are prohibited by state or federal laws or knowingly being present at the time of the prohibited conduct, while on University premises or while on University business. Also prohibited is the use of any legally obtained drug, including alcohol, to the point where such use adversely affects an employee's job performance.

- 3. Failure to Comply: Refusal to comply with a request, directive, or order from a University official such as campus police officers, members of the University administrative staff or other authorized persons performing their official University duties and responsibilities.
- 4. Other Policies: Violations of established policies, procedures, or regulations officially promulgated by the University and/or the State of New Jersey.

Drug and Alcohol-Free Workplace: <u>stockton.edu/policy-procedure/documents/policies/VI-13.pdf</u> Campus Conduct Code: <u>stockton.edu/policy-procedure/documents/policies/I-55.pdf</u> Employee Disciplinary Guidelines: <u>stockton.edu/policy-procedure/documents/policies/VI-13.2.pdf</u> Employee Assistance Program (EAP): <u>stockton.edu/policy-procedure/documents/procedures/6115.pdf</u> Disciplinary Guidelines: <u>stockton.edu/policy-procedure/documents/procedures/6115.pdf</u> Use of University-Owned Vehicles: <u>stockton.edu/policy-procedure/documents/procedures/6830.pdf</u> Governor Executive Orders: <u>https://nj.gov/infobank/circular/eok204.htm</u>

POLICY REVIEW

As an institution of higher education whose primary purpose is the pursuit of academic excellence, Stockton University emphasizes development of the whole student, personally, socially and educationally. To that end, the following is an overview of several major University policies that students and all other community members are expected to be acquainted with and abide. In addition to criminal penalties, University disciplinary action may be imposed against all violators as warranted or appropriate. University policies are based on the philosophy that community life at Stockton must demonstrate a respect for others as well as uphold the laws of the State of New Jersey. To review these policies, and others in full detail, please refer to the University's Policy and Procedure website at stockton.edu/policy-procedure/index.html.

ALCOHOL

The University has established a policy regarding the possession, consumption, sale and/or distribution of alcoholic beverages on University property. It follows that the academic mission is at the forefront. Co-curricular and other activities must enhance, and not detract from, academic pursuits of the community. The policy is designed to be consistent with the laws of the State of New Jersey. Violators of the law are subject to University disciplinary procedures and prosecution by local and/or state law enforcement officials. For additional information and/or questions, please contact the Office of Alcohol & Drug Education, located in J-204, or call 609-652-4701. Students can also seek peer support by contacting the Drug & Alcohol Peer Educators located in the Wellness Center, J-204.

DRUGS

All laws at both the state and federal level regarding possession, use, sale and/or distribution of narcotic drugs or controlled dangerous substances apply on campus to all persons. The University has adopted a zero-tolerance policy for offenders of these laws and violators will be prosecuted to the fullest extent of the law. For information, contact the Office of Alcohol & Drug Education located in J-204 or call 609-652-4701.

DRUG AND ALCOHOL PREVENTION PROGRAMS

Wise Choices Workshops: Alcohol & Drug Peer Educators run Wise Choices Workshops on campus twice during each month during the semesters. The purpose of these workshops is to educate students in making informed choices about drugs and alcohol. The purpose of this interactive workshop is to engage students about the realities of alcohol and drugs in the college environment. Through informative education and inclusive discussions, the staff and peer educators arm students with the best knowledge to make the most informed decision with the preventive tools for wellness and academic success. Workshops are held in a classroom setting with the aim of facilitating a conversation where students feel comfortable sharing and learning.

Alcohol and Drug Peer Education (ADPE) Program: The Alcohol and Drug Peer Education Program strives to provide education that will allow Stockton students to graduate not only with healthy minds, but also with healthy responsible life choices as well. The Alcohol and Drug Peer Educators work within a college community to promote greater well-being; provide information about specific alcohol and drug related issues; increase awareness of care resources on campus; encourage responsible safe choice-making; and advocate for changing and challenging campus social norms regarding healthy behaviors.

Certified Peer Educator (CPE) Training: CPE training is an effective strategy for building a well-educated and sustainable peer education group. CPE Training helps peer educators develop leadership skills to be able to successfully create and implement campus programs. The training includes eight modules, covering the role of peer education, helping peers make a behavior change, listening skills, response and referral skills, how to take action and intervene, recognizing the role of diversity and inclusivity, programming and presentation skills, self-care and group dynamics. This training satisfies the pre- requisite to becoming a Peer Education leader within the Alcohol and Drug Education Program at Stockton University.

Green Dot Bystander Strategy: A Green Dot is any behavior, choice, word, or attitude that promotes safety for all of us and communicates zero tolerance for violence. Stockton University has several training courses throughout the semester which teach students and employees how to intervene safely to reduce violence and sexual assaults on our campus and at parties where alcohol and drugs are often involved.

TIPs (Training for Intervention Procedures): The Alcohol & Drug Peer Educators, alongside other students on campus, are TIPs trained each year. The training consists of teaching students how to make tough decisions when it comes to alcohol use. The training addresses drinking usage and the risk factors involved. The program is specified for the college community to make it more relatable for students.

Narcan Training: The Office of Alcohol & Drug Education provides students with the opportunity to become trained in Narcan each year. During this training, a speaker will provide information on how to safely use Narcan in the event of an opiate overdose as well as education on addiction and reducing the stigma of seeking support. With the rise in opiate use, this training has become an important aspect of reducing the number of lives lost. Each training includes the impacts of opiate use, what to expect in case of an emergency opiate overdose and how to intervene effectively.

Collegiate Recovery Program: Stockton's Collegiate Recovery Program comprises Recovery Housing and alcohol and other drug educational programming. The Collegiate Recovery Program provides additional resources for student scholarship and academic success while creating awareness of reducing stigma related to addiction. Since Fall 2017, Stockton University has offered students recovery housing. This housing is aimed at assisting students who are currently in recovery by offering them resources and support. The housing gives students the opportunity to make connections in a healthy, sober social environment with the assistance of peer support and highly trained licensed addiction specialists. Students within recovery housing will have access to a 12-month housing option, addictions counseling, weekly focused group sessions, evening and weekend programs and events to help them achieve success in their academic pursuits. Individual and group therapeutic support is offered to students in Recovery Housing as well as students who are struggling with substance use on campus.

Sober Curious: This support group is designed for those exploring sobriety in their lives. Whether students want to try on what it is like to be sober, cut down on their drinking and drugging, or look for tools for a healthy lifestyle free from alcohol and drugs, this group is for them. This group helps students to gain the support of other like-minded students and learn tools for sober success.

All Recovery: This group is for those navigating recovery while on campus. Everyone recovers differently and in their own time. Students can find support regardless of their path. There are discussions on how to navigate college and recovery, led by the collegiate recovery program team.

Lolla-No-Booza: Since the Fall of 2005, Lolla-No-Booza has been a part of Stockton's Halloween Sober Week programming hosted on campus annually by the Alcohol & Drug Peer Educators in collaboration with multiple departments within Student Affairs. The purpose of this event is to provide an entertaining and alcohol- and drug-free event for students as an alternative option for students during the most popular drinking week of the year to prevent binge drinking, overdoses, and DWIs. The event features games, prizes, live entertainment and food, which is fully funded by the Recovery Housing Grant.

Step Up! Stockton: Step UP! is a comprehensive bystander intervention program that teaches the five decision making steps, other factors that affect helping, including perspective-taking, strategies for effective helping, the S.E.E. Model: Safe; Early; Effective, warning signs, action steps and resources.

HERO Campaign: The HERO Campaign for Designated Drivers®, seeks to end drunk driving tragedies nationwide by promoting the use of safe and sober designated drivers. Our goal is simple: to register one million designated drivers and make having a designated driver be as automatic as wearing a seatbelt. The HERO Campaign is a federally registered, 501(c)(3) non-profit organization that partners with law enforcement agencies, schools and colleges [Stockton University], bars, taverns and restaurants, the U.S. Navy, professional sports teams, state divisions of highway safety and community chapters across the country.

Vector Solutions: Alcohol and Other Drugs: New students (first-year and transfer students) are required to take online educational programming prior to arriving to campus focused upon alcohol and other drugs, sexual violence prevention and diversity training. This programming is meant to provide a foundation for students to have conversations during Welcome Week.

All new employees are assigned to take the Drug Free Workplace training through Vector Solutions and all current employees are assigned the training annually.

Amnesty: The University community encourages the reporting of misconduct and crimes by Complainants and witnesses. Sometimes, Complainants or witnesses are hesitant to give Notice to University officials or participate in grievance processes because they fear that they themselves may be in violation of certain policies, such as underage drinking or use of illicit drugs at the time of the incident. Respondents may hesitate to be forthcoming during the process for the same reasons. It is in the best interests of the University community that Complainants choose to give Notice of misconduct to University officials, that witnesses come forward to share what they know, and that all Parties be forthcoming during the process.

To encourage reporting and participation in the process, University offers Parties and witnesses amnesty from minor policy violations, such as underage alcohol consumption or the use of illicit drugs, related to the incident. Granting amnesty is a discretionary decision made by the University, and amnesty does not apply to more serious allegations, such as physical abuse of another or illicit drug distribution. Sometimes, employees are hesitant to report sex discrimination, sex-based harassment, sexual misconduct, or retaliation they have experienced for fear of getting in trouble themselves. The University may, at its discretion, offer employee Complainants amnesty from such policy violations related to the incident.

TREATMENT SERVICES AVAILABLE

Al-Anon	al-anon.org
Alcoholics Anonymous AA	609-641-8855
Atlantic County Atlantic Prevention Resources	
AtlantiCare Behavioral Health	
Recovery Centers of America at Lighthouse	
Narcotics Anonymous	

Legal Sanctions: The goal of the sanctions is to reinforce the University's commitment to a positive and safe learning environment consistent with acceptable social standards, and in accordance with federal, state and local laws.

A. Federal

CHART 1 FEDERAL TRAFFICKING PENALTIES

FEDERAL TRAFFICKING PENALTIES

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES	
Cocaine (Schedule II)	500–4999 grams mixture	First Offense: Not less	5 kgs or more mixture	First Offense: Not less	
Cocaine Base (Schedule II)	28–279 grams mixture	than 5 yrs, and not more than 40 yrs. If death or	280 grams or more mixture	than 10 yrs, and not more than life. If death or serious	
Fentanyl (Schedule II)	40–399 grams mixture	serious injury, not less than	400 grams or more mixture	injury, not less than 20 or	
Fentanyl Ana- logue (Schedule I)	10–99 grams mixture	20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if	100 grams or more mixture	more than life. Fine of not more than \$10 million if an individual, \$50 million if not	
Heroin (Schedule I)	100–999 grams mixture	not an individual.	1 kg or more mixture	an individual.	
LSD (Schedule I)	1–9 grams mixture	injury, life imprisonment. Fine of not more than \$8 100 gm	Second Offense: Not less		
Methamphetamine (Schedule II)	5–49 grams pure or 50–499 grams mixture		50 grams or more pure or 500 grams or more mixture	than 20 yrs, and not more than life. If death or serious injury, life imprisonment.	
PCP (Schedule II)	10–99 grams pure or 100–999 grams mixture		100 gm or more pure or 1 kg or more mixture	Fine of not more than \$20 million if an individual, \$75 million if not an individual.	
				2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.	tha n
					tha
		PENALTIES			
Other Schedule I & II drugs (and any drug product containing Gamma	Any amount		an 20 yrs. If death or serious inj lion if an individual, \$5 million		n
Hydroxybutyric Acid)			than 30 yrs. If death or seriou: dividual, \$10 million if not an ir		
Flunitrazepam (Schedule IV)	1 gram	ment. Fine \$2 million if an in	dividual, \$10 million if not an i	ndividual.	1
Other Schedule III drugs	Any amount		an 10 years. If death or serious 00,000 if an individual, \$2.5 mi		if
		Second Offense: Not more Fine not more than \$1 million	than 20 yrs. If death or seriou n if an individual, \$5 million if n	s injury, not more than 30 yrs. ot an individual.	
All other Schedule IV drugs	Any amount		an 5 yrs. Fine not more than \$2	50,000 if an individual, \$1	
Flunitrazepam (Schedule IV)	Other than 1 gram or more	million if not an individual.			I.
		Second Offense: Not more million if other than an individ	than 10 yrs. Fine not more tha dual.	an \$500,000 if an individual, \$2	
All Schedule V drugs	Any amount	\$250,000 if not an individual.	an 1 yr. Fine not more than \$10 than 4 yrs. Fine not more thar		

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$20 million if an individual and \$75 million if other than an individual.

Source: 2017 edition of Drugs of Abuse, A DEA Resource Guide, www.dea.gov/documents/2017/06/15/drugs-abuse, page 30

DRUG	QUANTITY	1st OFFENSE	2nd OFFENSE *
Marijuana (Schedule I)	1,000 kg or more marijuana mixture; or 1,000 or more marijuana plants	Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.	Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana (Schedule I)	100 kg to 999 kg marijuana mixture; or 100 to 999 marijuana plants	Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75million if other than an individual.
Marijuana (Schedule I)	More than 10 kgs hashish; 50 to 99 kg marijuana mixture More than 1 kg of hashish oil; 50 to 99 marijuana plants	Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.	Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Marijuana (Schedule I)	Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regard- less of weight) 1 to 49 marijuana plants;	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish (Schedule I)	10 kg or less		
Hashish Oil (Schedule I)	1 kg or less		

FEDERAL TRAFFICKING PENALTIES—MARIJUANA

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$20 million if an individual and \$75 million if other than an individual.

Source: 2020 edition of Drugs of Abuse, A DEA

Resource Guide,

https://www.drugsandalcohol.ie/33501/1/DEA_Drugs_of_Abuse_2020-Web.pdf

Personal Use Amounts: This section of the 1988 Act allows the government to punish drug offenders with minor infractions without giving the offender a criminal record if the offender is in possession of only a small amount of drugs. This law is designed to impact the "user" of illicit drugs, while simultaneously saving the government the costs of a full-blown criminal investigation. Under this section, the government has the option of imposing only a civil fine on individuals possessing only a small quantity of an illegal drug. Possession of this small quantity, identified as a "personal use amount," carries a civil fine of up to \$10,000.

PROJECT MEDICINE DROP PROGRAM INFORMATION

The State of New Jersey Division of Consumer Affairs sponsors Project Medicine Drop and has in place numerous prescription and over-the-counter drug drop boxes at local law enforcement agencies throughout the state. Locations for drop boxes near Stockton's campuses can be found here. Additional information regarding Project Medicine Drop can be found here: njconsumeraffairs.gov/meddrop

This program should not be used to dispose of liquid medicines, used needles or illegal substances.

CHART 2

SANCTIONS UNDER NEW JERSEY LAW FOR UNLAWFUL POSSESSION OR DISTRIBUTION OF ANABOLIC STEROIDS, MARIJUANA, AND HASHISH OR OTHER SUBSTANCES CONTAINING TETRAHYDROCANNABINOLS

Crime	<u>Imprisonment</u>	<u>Fines</u>	Other possible penalties
Crime of 1st degree Examples: Distribution of heroin, cocaine or methamphet- amine over 5 ounces; distribution of marijuana over 25 pounds; strict liability for death result- ing from use of CDS distributed by actor	Between ten and twenty years allowed; extended term with previous conviction	Varies by substance and other factors; up to \$500,000	Community service; drug educa- tion and/or treatment, forfeiture of property
Crime of 2 nd degree Examples: Distribution of LSD less than 100 milligrams; distribution of heroin, cocaine or methamphet- amine over ½ ounce but less than 5 ounces; distribution of marijuana over 5 pounds but less than 25 pounds	Between five and ten years allowed; extended term with previous conviction	Varies by substance and other factors; up to \$150,000	Community service; drug educa- tion and/or treatment, forfeiture of property
Crime of 3 rd degree Examples: Possession of cocaine, heroin, methamphet- amine less than ½ ounce; possession of CDS classified in Schedule I, II, III, IV, with excep- tions; obtaining CDS by fraud; distribution within 1,000 feet of a school	Between three and five years allowed; extended term with previous conviction	Varies by substance and other factors; up to \$75,000	Community service; drug educa- tion and/or treatment; probation
Crime of 4 th degree Examples: Possession of marijuana over 6 ounces; pos- session of more than 17 grams of hashish	Term not to exceed 18 months is permitted	Varies; up to \$25,000	Community service; drug educa- tion and/or treatment; probation

In 2021, NJ decriminalized possession of 6 ounces or less of marijuana and possession of 17 grams or less of hashish.

Title 39:4-49.1 Possession of CDS in a motor vehicle by vehicle operator. Conviction can result in 2-year license suspension and \$50 fine (non-criminal offense; no longer applies to possession of marijuana or hashish by MV operator)

This table does not list all controlled dangerous substances (CDS) possession and distribution offenses. Additional CDS information may be found below.

Link to NJ statutes, Title 2C:33 (alcohol), 2C:35 (controlled dangerous substances), 2C:36 (paraphernalia), 2C:43 (sentencing for controlled dangerous substances offenses), Title 39 (traffic offenses):

https://lis.njleg.state.nj.us/nxt/gateway.dll?f=templates&fn=default.htm&vid=Publish:10.1048/Enu

CHART 3

MUNICIPAL CODE VIOLATIONS

UNDER Galloway Township Code

From Galloway Township Code, Chapter 99 (Alcoholic Beverages) <u>ecode360.com/8524282</u> Galloway Township Code, Chapter 99.

CHAPTER 99

§ 99-7 Consumption of intoxicating beverages restricted.

[Amended 5-3-1983 by Ord. No. 728]

It is hereby prohibited to drink any intoxicating beverage on any sidewalk, street, avenue, highway, public parking lot or private commercial parking lot, unless the same is licensed to permit drinking thereon, whether or not in a motor vehicle or in any motor vehicle not on private property not otherwise referred to herein, within the Township of Galloway, Atlantic County, New Jersey, at any time.^[1]

§ 99-9 Violations and penalties.

[Amended 6-28-2005 by Ord. No. 1609; 12-13-2016 by Ord. No. 1951-2016]

Any person who shall violate any of the provisions of Article I, II or III of this chapter shall, upon conviction in the Municipal Court of the Township of Galloway, be considered a petty disorderly person and subject to a fine of not more than \$2,000, imprisonment for not more than 90 days and/or a period of community service for not more than 90 days, at the discretion of the Judge hearing said violation. Each day that a violation exists shall constitute a separate violation under this section.

§ 99-10 Underage consumption.

It shall be unlawful for any person under the legal age who, without legal authority, knowingly possesses or knowingly consumes an alcoholic beverage on private property.

§ 99-11 Violations and penalties.

[Amended 6-28-2005 by Ord. No. 1609]

Any person violating the provisions of this article shall, in accordance with the provisions of N.J.S.A. 40:48-1.2, as amended, be punished by a fine of \$250 for a first offense and \$350 for any subsequent offense.

§ 99-14 Age requirement.

<u>A.</u>

The purchase or attempted purchase of alcoholic beverages by any person under the age of 21 years of age, whether the same is to be consumed on the premises or not, is hereby prohibited, and any person violating this section shall be deemed a disorderly person.

<u>B.</u>

No person 21 years or older shall assist anyone under the age of 21 to purchase alcoholic beverages. Any person violating this section shall be deemed a disorderly person.

<u>C.</u>

Any person who misrepresents his/her age to any police officer of the Township of Galloway in connection with the purchase and/or consumption of any alcoholic beverages shall be deemed a disorderly person.

§ 99-15 Use of false documents.

<u>A.</u>

Any person under the age of 21 years of age who shall purchase or attempt to purchase any alcoholic beverages in the Township of Galloway by the use of false documents or representations shall be deemed a disorderly person.

<u>B.</u>

Any person under the age of 21 years of age who shall have in his/her possession any altered or false document or documents for the purpose of identification and/or establishing the age of said person shall be deemed a disorderly person.

<u>C.</u>

Any person who shall permit the use of his/her documents by any person under the age of 21 years of age for the purpose of securing the purchase of alcoholic beverages in the Township of Galloway shall be deemed to be a disorderly person.

§ 99-16 Violations and penalties.

Each and every person violating any of the provisions of this article shall be subject, upon conviction thereof, to a fine not exceeding \$500 or imprisonment in the county jail for a term not exceeding 90 days, or both, in the discretion of the court.

ADDITIONAL MUNICIPAL CODE VIOLATIONS (SEPARATE CAMPUSES)

UNDER Atlantic City Municipal Code ecode360.com/AT0848

CHAPTER 79. ALCOHOLIC BEVERAGES

§ 79-20 Prohibited acts.

<u>A.</u>

No person shall consume, carry in an open container or carry in an opened or closed container exposed to public view any alcoholic beverage:

<u>(1)</u>

On any sidewalk, boardwalk, street, avenue, highway, park, public parking facility or beach unless permitted by permit/license issued in accordance with New Jersey law and special events permit issued by the mayor or lease authorized by Council, which lease shall provide for insurance and indemnification.[1]

[1] Editor's Note: Ordinance No. 56-2009, adopted 10-7-2009, provided for a fine for violation of this subsection of \$54.

<u>(2)</u>

Except within the Open Container Zone, defined as the area on the Boardwalk between Sovereign Avenue and Rhode Island Avenue; and on Tennessee Avenue, New York Avenue, and St. James Place between Pacific Avenue and the Boardwalk (collectively known as the "Orange Loop"); and the nonresidential areas of Gardner's Basin.

<u>(3)</u>

Except within the Open Container Zone, a person who is at least 21 years of age may consume an alcoholic beverage that was purchased from a licensed beverage establishment, in or adjacent to the open container zone, and as long as that beverage is in an open, plastic container which bears the name and/or logo of the seller. No such open container of an alcoholic beverage may be removed from the Open Container Zone.

<u>(4)</u>

In any motor vehicle not on private property.

<u>B.</u>

No person under the legal age to purchase and consume alcoholic beverages shall purchase or consume any alcoholic beverage.

<u>C.</u>

No person under the legal age to purchase and consume alcoholic beverages shall enter any licensed premises for the purpose of purchasing, having served or delivered to him or consuming any alcoholic beverage.

<u>D.</u>

No person under the legal age to purchase and consume alcoholic beverages shall attempt to purchase or have or attempt to have another person purchase for him any alcoholic beverage.

<u>E.</u>

No person shall purchase any alcoholic beverage for any person under the legal age to purchase and consume alcoholic beverages.

<u>F.</u>

No person under the legal age to purchase alcoholic beverages shall misrepresent or misstate his age for the purpose of inducing another to sell, serve or deliver any alcoholic beverage to him not to purchase any alcoholic beverage on his behalf.

<u>G.</u>

No person shall or attempt to sell alcoholic beverages unless said person has been granted the authority to do so by law.

§ 79-21 Violations and penalties.

[Amended 11-25-2008 by Ord. No. 104-2008]

Any person violating any provision of this article shall, upon conviction in the Municipal Court, be subject to a fine not exceeding \$2,000 or imprisonment in the county jail for not more than 90 days, or both, in the discretion of the Court.

§ 79-22. Violations and penalties.

Any person violating the provisions of this article shall, in accordance with the provisions of N.J.S.A. 40:48-1.2, be punished by a fine of \$250 for a first offense and \$350 for any subsequent offense.

§ 79-23. Suspension of driving privileges.

A. In addition to the fine authorized for this offense, the court may suspend or postpone for six months the driving privileges of the defendant. Upon the conviction of any person and the suspension or postponement of that person's driver's license, the court shall forward a report to the Division of Motor Vehicles stating the first and last day of the suspension or postponement period imposed by the court pursuant to N.J.S.A. 40:48-1.2. If a person at the time of the imposition of sentence is less than 17 years of age, the period of operating a motorized bicycle, shall commence on the day the sentence is imposed and shall run for a period of six months after the person reaches the age of 17 years.

B. If a person at the time of the imposition of a sentence has a valid driver's license issued by this state, the court shall immediately collect the license and forward it to the Division of Motor Vehicles along with the report. If for any reason the license cannot be collected, the court shall include in the report the complete name, address, date of birth, eye color, and sex of the person, as well as the first and last date of the license suspension period imposed by the court.

C. Notification.

(1) The court shall inform the person orally and in writing that if the person is convicted of operating a motor vehicle during the period of license suspension or postponement, the person shall be subject to the penalties set forth in N.J.S.A. 39:3-40. A person shall be required to acknowledge receipt of the written notice in writing.

(2) Failure to receive notice or failure to acknowledge in writing the receipt of a written notice shall not be a defense to a subsequent charge of a violation of N.J.S.A. 39:3-40.

D. If a person convicted under such an ordinance is not a New Jersey resident, the court shall suspend or postpone, as appropriate, the nonresident driving privilege of the person based on the age of the person and submit to the Division the required report. The court shall not collect the license of a nonresident convicted under this section. Upon receipt of a report by the court, the Division shall notify the appropriate officials in the licensing jurisdiction of the suspension or postponement.

§ 204-32. Loitering for purposes of CDS distribution.

A known distributor is guilty of loitering for the purpose of CDS when he or she remains in or wanders about in a public place and engages in conduct that, under the circumstances, manifests the requisite purpose of distributing a CDS, as defined in N.J.S.A. 2C:35-5a.

§ 204-33. Presumption of requisite purpose.

The requisite purpose is presumed where a known distributor:

- A. Repeatedly beckons to or stops pedestrians in a public place;
- B. Repeatedly attempts to stop or repeatedly attempts to engage passersby in conversation;
- C. Repeatedly stops or attempts to stop motor vehicle operators by hailing, waving of arms or any other bodily gesture; or
- D. Circles in an area in a motor vehicle and repeatedly beckons to, contacts or attempts to stop pedestrians.

§ 204-34. Burden of proof as to prior conviction.

The burden of proof as to the existence of any prior conviction shall be by the preponderance of the evidence, and the court shall, pursuant to the Rules of Evidence, take judicial notice of its own records and the records of the Superior Court of New Jersey.

<u>§ 204-35. Violations and penalties.</u>

Any person violating the provisions of this article, upon conviction thereof before the Municipal Judge or other officer having jurisdiction, shall be subject to a fine of \$100 for a first offense, \$250 for a second offense and \$2,000 for each third and subsequent offense. Upon conviction of a second and subsequent offense, the court may impose a period of incarceration not to exceed 90 days for each offense.

UNDER Port Republic Municipal Code ecode360.com/PO0875

CHAPTER 70. ALCOHOLIC BEVERAGES

§ 70-1. Unlawful acts.

It shall be unlawful to manufacture, sell, transport, rectify, blend, treat, fortify, mix, process or distribute alcoholic beverages, brewed malt or naturally fermented wine in the City of Port Republic.

§ 70-2. Violations and penalties.

[Added 3-12-1985 by Ord. No. 47-1985]

Any person violating the provisions of this article shall, upon conviction, be subject to a fine of not more than \$500 or imprisonment for 90 days, or both.

§ 70-3. Prohibited acts.

It is hereby prohibited for any person or persons to drink any alcoholic beverage or to possess any open container containing any alcoholic beverage in any motor vehicle not on private property within the City of Port Republic, Atlantic County, New Jersey, at any time.

§ 70-4. Violations and penalties.

Any person or persons violating this article shall, upon conviction in the Municipal Court of the City of Port Republic, be subject to a fine not exceeding \$500 or imprisonment in the county jail for not more than 90 days, or both. Such fine and imprisonment shall be in the discretion of the Judge hearing said such violation.

UNDER Stafford Township Municipal Code ecode360.com/ST0825

CHAPTER 57. ALCOHOLIC BEVERAGES

Article II. Consumption and Possession in Public Places

§ 57-12. Consumption prohibited in certain areas.

No person shall drink, imbibe or consume any alcoholic beverage in or upon:

A. A public street, lane, roadway, avenue, sidewalk, public parking place, park, playground, recreation area or any other public or quasi-public place.

B. A public conveyance.

C. A private motor vehicle, while the same is in motion or parked in any public street, lane, public parking lot or public or quasi-public place.

D. Any private property, not his own, without the express permission of the owner or other person having authority to grant such permission.

§ 57-13. Consumption or possession in places where public is invited.

A. No person shall consume alcoholic beverages or offer to another for consumption any alcoholic beverage in, on or upon any place to which the public at large is generally invited; provided, however, that nothing herein shall be construed to prohibit the consumption or sale of alcoholic beverages within the licensed premises of a plenary retail consumption liquor license.

B. No person shall have in his possession or possess any alcoholic beverage in or upon any place to which the public at large is generally invited unless the same in contained within a closed or sealed container; provided, however, that nothing herein shall be construed to prohibit the possession of alcoholic beverages within the licensed premises of a plenary retail consumption liquor license.

§ 57-14. Possession prohibited in certain areas; exception for sealed containers.

No person shall have in his possession or possess any alcoholic beverage in, on or upon any public street, road, alley, sidewalk, park, playground or in, on or upon any land or building owned or occupied by the Township government, unless the same is contained within a closed or sealed container.

§ 57-15. Exception to provisions.

Notwithstanding the provisions contained in §§ 57-12, 57-13 and 57-14, the Mayor and Council of the Township of Stafford may, by resolution, permit the possession or consumption of alcoholic beverages in a designated park, recreation area or other public place at a designated time or times in connection with a special event, series of events or observance which has been authorized by the Mayor and Council of the Township, which possession or consumption of alcoholic beverages shall, in addition, comply with any applicable ordinances, laws or regulations.

§ 57-16. Violations and penalties.

Any person violating or failing to comply with any other provision of this article shall, upon conviction thereof, be punishable by a fine not to exceed \$1,000, by imprisonment not to exceed 90 days or by community service of not more than 90 days or any combination of fine, imprisonment and community service, as determined in the discretion of the Municipal Court Judge. The continuation of such violation for each successive day shall constitute a separate offense, and the person or persons allowing or permitting the continuation of the violation may be punished as provided above for each separate offense.

CHAPTER 57. ALCOHOLIC BEVERAGES

§ 57-18. Definitions.

As used in this article, the following terms shall have the meanings indicated:

GUARDIAN A person who has qualified as a guardian of the underaged person pursuant to testamentary or court appointment. **RELATIVE** The underaged person's grandparent, aunt or uncle, sibling or any other person related by blood or affinity.

<u>§ 57-19. Penalties for possession and consumption of alcoholic beverages by person under legal age on private</u> property; exceptions.

A. Any person under the legal age to purchase alcoholic beverages who, without legal authority, knowingly possesses or knowingly consumes any alcoholic beverage on private property shall be punished by a fine of \$250 for a first offense and \$350 for any subsequent offense. The court may, in addition to the fine authorized for this offense, suspend or postpone for six months the driving privilege of the defendant.

B. Upon the conviction of any person and the suspension or postponement of that person's driver's license, the court shall forward a report to the Division of Motor Vehicles stating the first and last day of the suspension or postponement period imposed by the court

pursuant to this section. If a person at the time of the imposition of a sentence is less than 17 years of age, the period of license postponement, including a suspension or postponement of the privilege of operating a motorized bicycle, shall commence on the day the sentence is imposed and shall run for a period of six months after the person reaches the age of 17 years.

C. If a person at the time of the imposition of a sentence has a valid driver's license issued by this state, the court shall immediately collect the license and forward it to the Division along with the report. If for any reason the license cannot be collected, the court shall include in the report the complete name, address, date of birth, eye color and sex of the person, as well as the first and last date of the license suspension period imposed by the court.

D. The court shall inform the person orally and in writing that if the person is convicted of operating a motor vehicle during the period of license suspension or postponement, the person shall be subject to the penalties set forth in N.J.S.A. 39:3-40. A person shall be required to acknowledge receipt of the written notice in writing. Failure to receive a written notice or failure to acknowledge in writing the receipt of a written notice shall not be a defense to a subsequent charge of a violation of N.J.S.A. 39:3-40.

E. The court shall, of any person convicted under this section who is not a New Jersey resident, suspend or postpone, as appropriate, the nonresident driving privilege of the person based on the age of the person and submit to the Division the required report. The court shall not collect the license of a nonresident convicted under this section. Upon receipt of a report by the court, the Division shall notify the appropriate officials in the licensing jurisdiction of the suspension or postponement.

F. This section does not prohibit an underaged person from consuming or possessing an alcoholic beverage in connection with a religious observance, ceremony or rite or consuming or possessing an alcoholic beverage in the presence of and with the permission of a parent, guardian or relative who has attained the legal age to purchase and consume alcoholic beverages.

G. This section does not prohibit possession of alcoholic beverages by any such person while actually engaged in the performance of employment by a person who is licensed under Title 33 of the Revised Statutes or while actively engaged in the preparation of food while enrolled in a culinary arts or hotel management program at a county vocational school or postsecondary educational institution; however, no ordinance enacted pursuant to this section shall be construed to preclude the imposition of a penalty under this section N.J.S.A. 33:1-81, or any other section of law, against a person who is convicted of unlawful alcoholic beverage activity on or at premises licensed for the sale of alcoholic beverages.

UNDER Hammonton Municipal Code amlegal.com/codes/client/hammonton_nj/

§ 200-4. Prohibited conduct

B. While in a public park or recreation area, all persons shall conduct themselves in a proper and, orderly manner, and, in particular, no person shall:

(1) Bring alcoholic beverages or drink same at any time therein. [Amended 8-24-2009 by Ord. No. 19-2009]

§ 200-9. Violations and penalties.

[Amended 3-26-2018 by Ord. No. 010-2018]

Each and every violation shall be considered a separate violation. Any person who is convicted of violating the provisions of this chapter within one year of the date of a previous violation and who was fined for the previous violation may be sentenced by the Court to an additional fine as a repeat offender. The additional fine imposed as a repeat offender shall not be less than the minimum or exceed the maximum fine provided herein, and same shall be calculated separately from the fine imposed for the violation of this chapter.

UNDER Borough of Woodbine Code boroughofwoodbine.net/

1-5.1 Maximum Penalty

a. For violation of any provision of this Code or other ordinance of the Borough of Woodbine, unless a specific penalty is otherwise provided in connection with the provision violated, the maximum penalty upon conviction of the violation shall be by one (1) or more of the following: imprisonment in the County jail or in any place provided by the municipality for the detention of prisoners, for any term not exceeding ninety (90) days; or by a fine not exceeding two thousand (\$2,000.00) dollars; or by a period of community service not exceeding ninety (90) days.

b. Whenever a fine is sought against an owner of property in excess of one thousand two hundred fifty (\$1,250.00) dollars, for violations of housing or zoning codes, the owner will be entitled to a thirty (30) day period to cure or abate the condition and shall be afforded an opportunity for a hearing before a court of competent jurisdiction for an independent determination concerning the violation. Subsequent to the expiration of such thirty (30) day period, a fine greater than one thousand two hundred fifty (\$1,250.00) dollars may be imposed if a court has not determined otherwise or, upon reinspection of the property, it is determined that the abatement has not been substantially completed.

1-5.2 Minimum Penalty

The Borough Council may prescribe that for the violation of any particular provision of the Code or of any particular ordinance at least a minimum penalty shall be imposed which shall consist of a fine which may be fixed at an amount not exceeding one hundred (\$100.00) dollars. The court before which any person is convicted of violating any ordinance or Code provision shall have power to impose any fine, term of punishment, or period of community service not less than the minimum and not exceeding the maximum fixed in the Code or such ordinance.

1-5.3 Additional Fine for Repeat Offenders.

Any person who is convicted of violating this Code or an ordinance within one (1) year of the date of a previous violation of the same provision of this Code or of the same ordinance and who was fined for the previous violation, shall be sentenced by a court to an additional fine as a repeat offender. The additional fine imposed by the court upon a person for a repeated offense shall not be less than the minimum or exceed the maximum fine fixed for a violation of the ordinance or Code provision, but shall be calculated separately from the fine imposed for the violation of the ordinance or Code provision.

If the Borough Council or Municipal Court chooses not to impose an additional fine upon a person for a repeated violation of any municipal ordinance, in its discretion, the Council or Court does not have to impose the additional fine.

1-5.4 Default of Payment of Fine.

Any person convicted of the violation of any provision of this Code or any ordinance may, in the discretion of the court by which he was convicted, and in default of the payment of any fine imposed therefore, be imprisoned in the County jail or place of detention provided by the Borough, for any term not exceeding ninety (90) days, or be required to perform community service for a period not exceeding ninety (90) days.

1-5.5 Separate Violations.

Except as otherwise provided, each and every day in which a violation of any provision of this Code or any other ordinance of the Borough exists shall constitute a separate violation.

1-5.6 Application.

The maximum penalty stated in this section is not intended to state an appropriate penalty for each and every violation. At the discretion of the Judge of the Municipal Court, any lesser penalty, including a nominal penalty or no penalty at all, may be appropriate for a particular case or violation.

3-12 PUBLIC DISPLAY AND CONSUMPTION OF ALCOHOLIC BEVERAGES ON PUBLIC AND SEMI-PUBLIC PROPERTY.

3-12.1 Public Display or Consumption Prohibited.

It shall be unlawful to consume, possess or have under one's control, or openly display, expose or dispense alcoholic beverages, in either open or closed containers, upon the streets, alleys and alleyways, side yards, sidewalks, public property or public places, or

in or around any other commercial property to which members of the public may have access, or in automobiles, motor vehicles or other means of conveyance, parked upon the streets, alleys, parking lots, or other places not expressly licensed for the sale and consumption of such alcoholic beverages. (Ord. No. 252 § 1)

3-12.2 Exception.

Nothing contained in this section shall be construed to apply to the owner or owners of private residential dwellings consuming alcoholic beverages in or upon their property. (Ord. No. 252 § 2)

3-12.3 Penalty.

Any person violating the terms and provisions of this section shall, upon conviction, be subject to the penalty stated in Chapter I, Section 1-5. (Ord. No. 252 § 3)

CHAPTER VI ALCOHOLIC BEVERAGE CONTROL

6-1 PURPOSE.

This chapter is enacted to regulate the sale and transportation of alcoholic beverages in the Borough of Woodbine in accordance with the provisions of an Act of Legislature of the State of New Jersey entitled "An Act Concerning Alcoholic Beverages" (Chapter 436 of the Laws of 1933), its supplements and amendments, and also comprising N.J.S.A. 33:1-1 et seq., and in accordance with the Rules and Regulations of the State Director of Alcoholic Beverage Control. (Ord. No. 81 § 1)

6-2 DEFINITIONS.

For the purpose of this chapter, the words and phrases herein shall have the same meaning as contained in N.J.S.A. 33:1-1 et seq., and N.J.A.C. 13:2-8.1 et seq., as well as the Rules and Regulations of the Director of the Division of Alcoholic Beverage Control. (Ord. No. 520-2010)

6-6 MINORS.

6-6.1 In Licensed Premises.

It shall be unlawful for a person under the legal age while in any premises licensed for the sale of alcoholic beverages to purchase, consume or have served or delivered to him or her any alcoholic beverages. A minor may enter any licensed premises in the regular pursuit of his business, trade, or occupation.

6-6.2 Purchasing Alcoholic Beverages.

It shall be unlawful for a person under the legal age to purchase, attempt to purchase or have another purchase for him or her any alcoholic beverages.

6-6.3 Misrepresenting Age.

It shall be unlawful for any person under the legal age to misrepresent or misstate his or her age for the purpose of inducing any licensee or any employee of any licensee or any person acting in behalf of any licensee to sell, serve or deliver any alcoholic beverages to him or her.

6-6.4 Inviting and Inducing.

No person shall invite or induce any person under the legal age to be served with or have in his or her possession any alcoholic beverage.

6-6.5 Violations and Penalties. It shall be unlawful for:

a. A person under the legal age for purchasing alcoholic beverages to enter any premises licensed for the retail sale of alcoholic beverages for the purpose of purchasing or having served or delivered to him or her, any alcoholic beverage; or

b. A person under the legal age for purchasing alcoholic beverages to consume any alcoholic beverage on premises licensed for the retail sale of alcoholic beverages, or to purchase, attempt to purchase or have another purchase for him any alcoholic beverage; or,

c. Any person to enter any premises licensed for the retail sale of alcoholic beverages for the purpose of purchasing, or to purchase alcoholic beverages, for another person who does not because of his age have the right to purchase and consume alcoholic beverages.

Any person who shall violate any of the provisions of this section shall be deemed and adjudged to be a disorderly person, and upon conviction thereof, shall be punished by a fine of not less than one hundred (\$100.00) dollars. In addition, the court shall suspend the person's license to operate a motor vehicle for six (6) months or prohibit the person from obtaining a license to operate a motor vehicle in this State for six (6) months beginning on the date he becomes eligible to obtain a license or on the date of conviction, whichever is later. In addition to the general penalty prescribed for an offense, the court may require any person under the legal age to purchase alcoholic beverages who violates this Act to participate in an alcohol education or treatment program authorized by the Department of Health for a period not to exceed the maximum period of confinement prescribed by law for the offense for which the individual has been convicted. (N.J.S.A. 33:1-81)

Health Risks

Description of Health Risks Associated with use of Illicit Drugs and Abuse of Alcohol

Serious health risks are associated with the use of illicit drugs and alcohol. These health risks are described in Chart 4, which includes information published by the National Institute on Drug Abuse available at <u>drugabuse.gov/drugs-abuse/</u> <u>commonly-abused-drugs-charts</u> (revised July 2019).

The National Institute on Drug Abuse states that most drugs of abuse can alter a person's thinking and judgment, leading to health risks, including addiction, drugged driving and infectious disease. Most drugs could potentially harm an unborn baby; pregnancy-related issues are listed in the chart below for drugs where there is enough scientific evidence to connect the drug use to specific negative effects. <u>drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts</u>

Many physical and psychological health risks are associated with the misuse and abuse of alcohol and other substances, including but not limited to the following:

- Accidents due to impaired judgment and coordination.
- Unwanted sexual activity.
- Difficulty with attention and learning.
- Physical and psychological dependence.
- Damage to the brain, pancreas, kidneys, liver, heart and lungs.
- High blood pressure, heart attacks, strokes and ulcers.
- Birth defects.
- Diminished immune system.
- Death.

COMMONLY ABUSED DRUGS AND HEALTH RISKS

Source: National Institute on Drug Abuse

http://www.drugabuse.gov/drugs-abuse/commonly-abused-drug-charts

The Drug Enforcement Agency (DEA)'s schedule indicates the drug's acceptable medical use and its potential for misuse or dependence. The most up-to-date scheduling information can be found on the <u>DEA website</u>.

Alcohol

People drink to socialize, celebrate, and relax. Alcohol often has a strong effect on people—and throughout history, people have struggled to understand and manage alcohol's power. Why does alcohol cause people to act and feel differently? How much is too much? Why do some people become addicted while others do not? The National Institute on Alcohol Abuse and Alcoholism is researching the answers to these and many other questions about alcohol. Here's what is known:

Alcohol's effects vary from person to person, depending on a variety of factors, including:

- How much you drink
- How often you drink
- Your age
- Your health status
- Your family history

While drinking alcohol is itself not necessarily a problem—<u>drinking too much</u> can cause a range of consequences, and increase your risk for a variety of problems. For more information on alcohol's effects on the body, please see the <u>National Institute on Alcohol Abuse and Alcoholism's</u> related web page describing <u>alcohol's effects on the body</u>.

NIAAA also has some information about mixing alcohol with certain medicines.

Ayahuasca A hallucinogenic tea made in the Amazon from a DMT-containing plant (*Psychotria viridis*) along with another vine (*Banisteriopsis caapi*) that contains an MAO inhibitor preventing the natural breakdown of DMT in the digestive system, thereby enhancing serotonergic activity. It was used historically in Amazonian religious and healing rituals. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Aya, Yagé, Hoasca	No commercial uses	Brewed as tea	Swallowed as tea	DMT is	
				Schedule I,	
				but plants	
				containing	
				it are not	
				controlled	
	P	ossible Health Effects			
Short-term	Strong hallucinations inc	cluding altered visual and a	uditory perceptions; increase	d heart rate	
	and blood pressure; nau increased skin sensitivity	, 0	he stomach; tingling sensation	ns and	
Long-term	Possible changes to the serotoninergic and immune systems, although more research is needed.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	Unknown.				
Withdrawal	Unknown.				
Symptoms					
	• 	Treatment Options			
Medications		ayahuasca is addictive. The asca or other hallucinogen	ere are no FDA-approved mec s.	lications to	
Behavioral Therapies	More research is needed therapies are effective.	d to find out if ayahuasca is	addictive and, if so, whether	behavioral	

Medications that slow brain activity, which makes them useful for treating anxiety and sleep problems. For more information, see the Misuse of Prescription Drugs Research Report. Commercial Names Common Forms **Common Ways Taken** DEA Street Names Schedule (Common) II, III, IV Barbs, Phennies, Red Barbiturates: Pill, capsule, liquid Swallowed, injected Birds, Reds, Tooies, pentobarbital Yellow Jackets, (Nembutal®) Yellows IV Candy, Downers, Benzodiazepines: Pill, capsule, liquid Swallowed, snorted Sleeping Pills, Tranks alprazolam (Xanax®), chlorodiazepoxide (Librium®), diazepam (Valium[®]), lorazepam (Ativan®), triazolam (Halicon®) Forget-me Pill, Sleep Medications: Pill, capsule, liquid IV Swallowed, snorted Mexican Valium, R2, eszopiclone (Lunesta®), Roche, Roofies, zaleplon (Sonata®), Roofinol, Rope, zolpidem (Ambien®) Rophies **Possible Health Effects** Short-term Drowsiness, slurred speech, poor concentration, confusion, dizziness, problems with movement and memory, lowered blood pressure, slowed breathing. Long-term Unknown. Other Health-related Sleep medications are sometimes used as date rape drugs. Issues Risk of HIV, hepatitis, and other infectious diseases from shared needles. In Combination with Further slows heart rate and breathing, which can lead to death. Alcohol Withdrawal Must be discussed with a health care provider; barbiturate withdrawal can cause a serious Symptoms abstinence syndrome that may even include seizures. **Treatment Options** Medications There are no FDA-approved medications to treat addiction to prescription sedatives; lowering the dose over time must be done with the help of a health care provider. **Behavioral Therapies** More research is needed to find out if behavioral therapies can be used to treat addiction to

prescription sedatives.

Central Nervous System Depressants

		Cocaine			
A powerfully addictive	timulant drug made from	the leaves of the coca plant nat	ive to South America. Fo	or more	
information, see the <u>Co</u>	caine Research Report.				
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Blow, Bump, C, Candy, Charlie, Coke, Crack, Flake, Rock, Snow, Toot	Cocaine hydrochloride topical solution (anesthetic rarely used in medical procedures)	White powder, whitish rock crystal	Snorted, smoked, injected	Ш	
	Po	ssible Health Effects			
Short-term	pressure; headache; abd insomnia, restlessness; a	enlarged pupils; increased bod ominal pain and nausea; eupho nxiety; erratic and violent beha problems, heart attack; stroke,	ria; increased energy, al vior, panic attacks, para	ertness;	
Long-term	Loss of sense of smell, nosebleeds, nasal damage and trouble swallowing from snorting; infection and death of bowel tissue from decreased blood flow; poor nutrition and weight loss; lung damage from smoking.				
Other Health-related	Pregnancy: premature deliv	ery, low birth weight, deficits in self	-regulation and attention in	school-aged	
Issues	children prenatally exposed.				
	Risk of HIV, hepatitis, and oth	ner infectious diseases from shared r	eedles.		
In Combination with Alcohol	Greater risk of cardiac to	xicity than from either drug alo	ne.		
Withdrawal	Depression, tiredness, in	creased appetite, insomnia, vivi	id unpleasant dreams, sl	owed	
Symptoms	movement, restlessness.				
		Freatment Options			
Medications	There are no FDA-approv	ed medications to treat cocain	e addiction.		
Behavioral Therapies	 Contingency man The Matrix Mode Community-base 	oral therapy (CBT) nagement, or motivational incer el ed recovery groups, such as 12-5 application: reSET®		rs	

DMT A synthetic drug producing intense but relatively short-lived hallucinogenic experiences; also naturally occurring in some South American plants (See Ayahuasca). For more information, see the <u>Hallucinogens and Dissociative Drugs</u> <u>Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
DMT, Dimitri	No commercial uses	White or yellow crystalline powder	Smoked, injected	1
	Po	ssible Health Effects		÷.
Short-term	perception of time and b	ody image, usually peaking	ditory distortions, and an alte g in about 30 minutes when d art rate, agitation, seizures, di	rank as tea.
Long-term	Unknown			
Other Health-related Issues	At high doses, cardiac an	d respiratory arrest have o	ccurred.	
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
		Freatment Options		
Medications	It is not known whether addiction to DMT or othe		e no FDA-approved medicatio	ns to treat
Behavioral Therapies	More research is needed therapies are effective.	to find out if DMT is addic	tive and, if so, whether behav	vioral

		GHB		
A depressant approved	for use in the treatment o	of narcolepsy, a disorder that	causes daytime "sleep atta	cks."
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
G, Georgia Home Boy, Goop, Grievous Bodily Harm, Liquid Ecstasy, Liquid X, Soap, Scoop	Gamma- hydroxybutyrate or sodium oxybate (Xyrem [®])	Colorless liquid, white powder	Swallowed (often combined with alcohol or other beverages)	1
	Po	ossible Health Effects		
Short-term		ausea, vomiting, confusion, m g, lower body temperature, se		ess, slowed
Long-term	Unknown.			
Other Health-related Issues	Sometimes used as a da	te rape drug.		
In Combination with Alcohol	Nausea, problems with l	preathing, greatly increased d	epressant effects.	
Withdrawal Symptoms	Insomnia, anxiety, tremo thoughts.	ors, sweating, increased heart	rate and blood pressure, p	osychotic
		Treatment Options		
Medications	Benzodiazepines			
Behavioral Therapies	More research is needed addiction.	d to find out if behavioral the	rapies can be used to treat	GHB

Hallucinogens

Drugs that cause profound distortions in a person's perceptions of reality, such as ketamine, LSD, mescaline (peyote), PCP, psilocybin, salvia, DMT, and ayahuasca. For more information, see the <u>Hallucinogens and Dissociative Drugs</u> <u>Research Report</u>.

		Heroin		
	om morphine, a natural su ee the <u>Heroin Research Re</u>		seed pod of various opium p	oppy plants.
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Brown sugar, China White, Dope, H, Horse, Junk, Skag, Skunk, Smack, White Horse	No commercial uses	White or brownish powder, or black sticky substance known as "black tar heroin"	Injected, smoked, snorted	I
With OTC cold medicine and antihistamine: Cheese				
	Po	ssible Health Effects		
Short-term	Euphoria; dry mouth; itching; nausea; vomiting; analgesia; slowed breathing and heart rate.			
Long-term	Collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease.			
Other Health-related Issues		low birth weight, neonatal a	•	
In Combination with Alcohol	Dangerous slowdown of	heart rate and breathing, c	oma, death.	
Withdrawal Symptoms	Restlessness, muscle and bumps ("cold turkey").	l bone pain, insomnia, diarr	hea, vomiting, cold flashes w	ith goose
		Treatment Options		
Medications	Methadone Buprenorphine Naltrexone (shore)	rt- and long-acting forms)		
Behavioral Therapies	Contingency mai 12-Step facilitati		incentives	

Note: Additional long-term possible health effect: pneumonia

		Inhalants		
	nitrite), which are prescrip	products such as spray paints, m tion medications for chest pain.		•
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Poppers, snappers, whippets, laughing gas	Various	Paint thinners or removers, degreasers, dry-cleaning fluids, gasoline, lighter fluids, correction fluids, permanent markers, electronics cleaners and freeze sprays, glue, spray paint, hair or deodorant sprays, fabric protector sprays, aerosol computer cleaning products, vegetable oil sprays, butane lighters, propane tanks, whipped cream aerosol containers, refrigerant gases, ether, chloroform, halothane, nitrous oxide	Inhaled through the nose or mouth	Not scheduled
	Pc	ssible Health Effects		
Short-term	disinhibition, lightheade due to heart failure (fror asphyxiation, suffocation Nitrites: enlarged blood	ed speech; lack of coordination; dness, hallucinations/delusions; n butane, propane, and other ch n, convulsions or seizures, coma, vessels, enhanced sexual pleasur citement, dizziness, headache.	headaches; sudden snift emicals in aerosols); de or choking.	fing death ath from
Long-term		e; bone marrow damage; limb sp. gen that can cause problems wit f pneumonia.		• •
Other Health-related Issues		ight, bone problems, delayed bel polism and body composition.	havioral development d	ue to brain
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Nausea, tremors, irritabi	lity, problems sleeping, and moo	d changes.	
		Treatment Options		
Medications	There are no FDA-approx	ved medications to treat inhalant	t addiction.	
Behavioral Therapies	More research is needed addiction.	t to find out if behavioral therapi	es can be used to treat i	inhalant

Ketamine A dissociative drug used as an anesthetic in veterinary practice. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. For more information, see the Hallucinogens and Dissociative Drugs Research Report. **Commercial Names Common Forms** DEA Street Names Common Ways Taken Schedule Cat Valium, K, Special K, Ketalar® Liquid, white powder Injected, snorted, Ш Vitamin K smoked (powder added to tobacco or marijuana cigarettes), swallowed **Possible Health Effects** Problems with attention, learning, and memory; dreamlike states, hallucinations; sedation; Short-term confusion; loss of memory; raised blood pressure; unconsciousness; dangerously slowed breathing. Long-term Ulcers and pain in the bladder; kidney problems; stomach pain; depression; poor memory. Other Health-related Sometimes used as a date rape drug. Issues Risk of HIV, hepatitis, and other infectious diseases from shared needles. In Combination with Increased risk of adverse effects. Alcohol Withdrawal Symptoms Unknown. **Treatment Options** Medications There are no FDA-approved medications to treat addiction to ketamine or other dissociative drugs. **Behavioral Therapies** More research is needed to find out if behavioral therapies can be used to treat addiction to dissociative drugs.

Khat

Pronounced "cot," a shrub (*Catha edulis*) found in East Africa and southern Arabia; contains the psychoactive chemicals cathinone and cathine. People from African and Arabian regions (up to an estimated 20 million worldwide) have used khat for centuries as part of cultural tradition and for its stimulant-like effects.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Abyssinian Tea, African Salad, Catha, Chat, Kat, Oat	No commercial uses	Fresh or dried leaves	Chewed, brewed as tea	Cathinone is a Schedule I drug, making khat use illegal, but the khat plant is not controlled
	Р	ossible Health Effects		
Short-term		rtness and arousal, increased eadaches, loss of appetite, in		
Long-term	Gastrointestinal disorders such as constipation, ulcers, and stomach inflammation; and increased risk of heart attack.			ation; and
Other Health-related Issues		with heavy use: psychotic re eliefs that one has superior q and paranoia.		
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Depression, nightmares	, low blood pressure, and lac	k of energy.	
		Treatment Options		
Medications	It is not known whether addiction to khat.	khat is addictive. There are	no FDA-approved medica	tions to treat
Behavioral Therapies	More research is neede therapies are effective.	d to find out if khat is addicti	ive and, if so, whether bel	navioral

— 25 —

		Kratom		
compounds, including n	ee (<i>Mitragyna speciosa</i>) native nitragynine, a psychotropic (n nd as an aphrodisiac. For mor	nind-altering) opioid. Krat	om is consumed for mood-	lifting
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Herbal Speedball, Biak- Ketum, Kahuam, Ithang Thom		Fresh or dried leaves, powder, liquid, gum	Chewed (whole leaves); eaten (mixed in food or brewed as tea); occasionally smoked	Not scheduled
	Possi	ble Health Effects	•	
Short-term	Nausea, dizziness, itching, si Low doses: increased energ High doses: sedation, eupho	y, sociability, alertness. oria, decreased pain.		
Long-term	Anorexia, weight loss, inson with long-term use at high o		tipation. Hallucination and	paranoia
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Muscle aches, insomnia, ho movements.	stility, aggression, emotio	nal changes, runny nose, je	erky
	Trea	atment Options		
Medications	No clinical trials have been conducted on medications for kratom addiction.			
Behavioral Therapies	More research is needed to kratom.	find out if behavioral the	rapies can be used to treat	addiction to

Note: Additional long-term possible health effects: dry mouth, frequent urination

LSD A hallucinogen manufactured from lysergic acid, which is found in ergot, a fungus that grows on rye and other grains. LSD is an abbreviation of the scientific name *lysergic acid diethylamide*. For more information, see the <u>Hallucinogens</u> and <u>Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Acid, Blotter, Blue Heaven, Cubes, Microdot, Yellow	No commercial uses	Tablet; capsule; clear liquid; small, decorated squares of absorbent paper that liquid	Swallowed, absorbed through mouth tissues (paper	L
Sunshine		has been added to	squares)	
	P	ossible Health Effects		
Short-term		; distortion of a person's ability t thers; raised blood pressure, hea s; enlarged pupils.	-	
Long-term		called Hallucinogen Persisting Pe organized thinking, paranoia, and); ongoing
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
		Treatment Options		
Medications	There are no FDA-appro	oved medications to treat addiction	on to LSD or other halluci	nogens.
Behavioral Therapies	More research is neede hallucinogens.	d to find out if behavioral therap	ies can be used to treat a	ddiction to

	M	larijuana (Cannabis)				
•		<i>sativa</i> . The main psychoacti . For more information, see				
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule		
Blunt, Bud, Dope, Ganja, Grass, Green, Herb, Joint, Mary Jane, Pot, Reefer, Sinsemilla, Skunk, Smoke, Trees, Weed; Hashish: Boom, Gangster, Hash, Hemp	Various brand names in states where the sale of marijuana is legal	Greenish-gray mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil)	Smoked, eaten (mixed in food or brewed as tea)	1		
	Po	ssible Health Effects	1			
Short-term	Enhanced sensory perception and euphoria followed by drowsiness/relaxation; slowed reaction time; problems with balance and coordination; increased heart rate and appetite; problems with learning and memory; anxiety.					
Long-term	Mental health problems,	Mental health problems, chronic cough, frequent respiratory infections.				
Other Health-related Issues		Youth: possible loss of IQ points when repeated use begins in adolescence. Pregnancy: babies born with problems with attention, memory, and problem solving.				
In Combination with Alcohol	Increased heart rate, blo time.	Increased heart rate, blood pressure; further slowing of mental processing and reaction time.				
Withdrawal Symptoms	Irritability, trouble sleepi	ng, decreased appetite, anxi	ety.			
	1	Freatment Options				
Medications	There are no FDA-approv	ed medications to treat mar	ijuana addiction.			
Behavioral Therapies	 Contingency mar Motivational Enh Behavioral treatr 	oral therapy (CBT) nagement, or motivational in nancement Therapy (MET) nents geared to adolescents application: reSET®				

	MDMA (I	Ecstasy/Molly)		
mescaline. MDMA is an	•	ific name 3,4-methylenediox	hetamine and the hallucinog <i>y-methamphetamine</i> . For m	
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Adam, Clarity, Eve, Lover's Speed, Peace, Uppers	No commercial uses	Colorful tablets with imprinted logos, capsules, powder, liquid	Swallowed, snorted	1
	Po	ssible Health Effects		
Short-term		faintness; chills or sweating	creased heart rate and bloo ; sharp rise in body temperat	•
Long-term	Long-lasting confusion, d anxiety, impulsiveness; le		ttention, memory, and sleep	; increased
Other Health-related Issues	Unknown.			
In Combination with Alcohol		of alcohol's effects. Alcohol ase the risk of neurotoxic ef	can increase plasma concent fects.	rations of
Withdrawal Symptoms	Fatigue, loss of appetite,	depression, trouble concen	trating.	
	1	Treatment Options		
Medications	There is conflicting evide medications to treat MD		is addictive. There are no FD	A-approved
Behavioral Therapies	More research is needed addiction.	to find out if behavioral the	erapies can be used to treat I	MDMA

		Mescaline (Peyote)		
	disk-shaped "buttons" in t nd Dissociative Drugs Rese	the crown of several cacti, inc earch Report.	luding peyote. For more in	formation,
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Buttons, Cactus, Mesc	No commercial uses	Fresh or dried buttons, capsule	Swallowed (chewed or soaked in water and drunk)	1
	Po	ssible Health Effects		
Short-term		d feeling; hallucinations; euph blood pressure; sweating; pr		dy
Long-term	Unknown.			
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
		Treatment Options		
Medications	There are no FDA-approv hallucinogens.	ved medications to treat addie	ction to mescaline or other	
Behavioral Therapies	More research is needed hallucinogens.	l to find out if behavioral ther	apies can be used to treat a	addiction to

Methamphetamine

An extremely addictive stimulant amphetamine drug. For more information, see the <u>Methamphetamine Research</u> <u>Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Crank, Chalk, Crystal, Fire, Glass, Go Fast, Ice, Meth, Speed	Desoxyn®	White powder or pill; crystal meth looks like pieces of glass or shiny blue-white "rocks" of different sizes	Swallowed, snorted, smoked, injected		
	P	ossible Health Effects		1	
Short-term		nd physical activity; decrea nperature; irregular heartbo	sed appetite; increased breat eat.	hing, heart	
Long-term	delusions, weight loss, s	Anxiety, confusion, insomnia, mood problems, violent behavior, paranoia, hallucinations, delusions, weight loss, severe dental problems ("meth mouth"), intense itching leading to skin sores from scratching.			
Other Health-related Issues	weight; lethargy; heart a	regnancy: premature delivery; separation of the placenta from the uterus; low birth /eight; lethargy; heart and brain problems. isk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Masks the depressant ef blood pressure.	ffect of alcohol, increasing r	isk of alcohol overdose; may i	ncrease	
Withdrawal Symptoms	Depression, anxiety, tire	dness.			
) 	Treatment Options			
Medications	There are no FDA-appro	ved medications to treat me	ethamphetamine addiction.		
Behavioral Therapies	 Contingency ma The Matrix Mod 12-Step facilitation 		incentives		

	Over-the-Counter	MedicinesDextromethor	phan (DXM)		
Psychoactive when take <u>Medicines DrugFacts</u> .	en in higher-than-recomm	ended amounts. For more	information, see the <u>Over-the</u>	-Counter	
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Robotripping, Robo, Triple C	Various (many brand names include "DM")	Syrup, capsule	Swallowed	Not scheduled	
	P	ossible Health Effects		de la companya de la	
Short-term	Cough relief; euphoria; nausea; vomiting;	slurred speech; increased h	eart rate and blood pressure;	dizziness;	
Long-term	Unknown.	Unknown.			
Other Health-related Issues	Breathing problems, sei cough/cold medicines.	zures, and increased heart	rate may occur from other ing	redients in	
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Unknown.				
		Treatment Options			
Medications	There are no FDA-appro	ved medications to treat a	ddiction to dextromethorphar	۱.	
Behavioral Therapies	More research is needed dextromethorphan.	d to find out if behavioral t	herapies can be used to treat	addiction to	

Over-the-Counter MedicinesLoperamid	e
-------------------------------------	---

An anti-diarrheal that can cause euphoria when taken in higher-than-recommended doses. For more information, see the <u>Over-the-Counter Medicines DrugFacts</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
None	Immodium	Tablet, capsule, or liquid	Swallowed	Not scheduled	
	Po	ssible Health Effects			
Short-term	Controls diarrhea sympto withdrawal symptoms of	oms. In high does, can produ f other drugs.	ice euphoria. May lessen cra	ivings and	
Long-term	Unknown.	nknown.			
Other Health-related Issues		constipation, loss of consciou re from urinary retention.	usness, cardiovascular toxici	ty, pupil	
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Severe anxiety, vomiting	, and diarrhea.			
	1	Treatment Options			
Medications	There are no FDA-approv	ved medications to treat lop	eramide addiction.		
Behavioral Therapies		ioral therapies that have hel diction to loperamide.	ped treat addiction to heroi	n may be	
	Contingency mar	nagement, or motivational i	ncentives		

		РСР		
Dissociative drugs are h	allucinogens that cause th	nesthetic that has been disconti e user to feel detached from rea on, see the <u>Hallucinogens and D</u>	lity. PCP is an abbreviatio	on of the
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Angel Dust, Boat, Hog, Love Boat, Peace Pill	No commercial uses	White or colored powder, tablet, or capsule; clear liquid	Injected, snorted, swallowed, smoked (powder added to mint, parsley, oregano, or marijuana)	1, 11
	Po	ssible Health Effects		
	environment, anxiety. Low doses: slight increase in breathing rate; increased blood pressure and heart rate; shallow breathing; face redness and sweating; numbness of the hands or feet; problem with movement. High doses: nausea; vomiting; flicking up and down of the eyes; drooling; loss of balanc dizziness; violence; seizures, coma, and death.			
Long-term	Memory loss, problems	Memory loss, problems with speech and thinking, loss of appetite, anxiety.		
Other Health-related Issues		elf-injury. d other infectious diseases from	shared needles.	
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Headaches, increased ap	petite, sleepiness, depression		
		Treatment Options		
Medications	There are no FDA-approv drugs.	ved medications to treat addiction	on to PCP or other dissoc	iative
Behavioral Therapies	More research is needed dissociative drugs.	l to find out if behavioral therapi	es can be used to treat a	ddiction to

				nedically,
leading to overdose dea	ths. For more information	, see the <u>Misuse of Prescript</u>	ion Drugs Research Report.	-22.52
Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Captain Cody, Cody, Lean, Schoolboy, Sizzurp, Purple Drank <i>With glutethimide:</i> Doors & Fours, Loads, Pancakes and Syrup	Codeine (various brand names)	Tablet, capsule, liquid	Injected, swallowed (often mixed with soda and flavorings)	II, III, V
Apache, China Girl, China White, Dance Fever, Friend, Goodfella, Jackpot, Murder 8, Tango and Cash, TNT	Fentanyl (Actiq®, Duragesic®, Sublimaze®)	Lozenge, sublingual tablet, film, buccal tablet	Injected, smoked, snorted	II
Vike, Watson-387	Hydrocodone or dihydrocodeinone (Vicodin®, Norco®, Zohydro®, and others)	Capsule, liquid, tablet	Swallowed, snorted, injected	II
D, Dillies, Footballs, Juice, Smack	Hydromorphone (Dilaudid®)	Liquid, suppository	Injected, rectal	11
Demmies, Pain Killer	Meperidine (Demerol®)	Tablet, liquid	Swallowed, snorted, injected	11
Amidone, Fizzies <i>With MDMA:</i> Chocolate Chip Cookies	Methadone (Dolophine [®] , Methadose [®])	Tablet, dispersible tablet, liquid	Swallowed, injected	II
M, Miss Emma, Monkey, White Stuff	Morphine (Duramorph®, MS Contin®)	Tablet, liquid, capsule, suppository	Injected, swallowed, smoked	11, 111
O.C., Oxycet, Oxycotton, Oxy, Hillbilly Heroin, Percs	Oxycodone (OxyContin®, Percodan®, Percocet®, and others)	Capsule, liquid, tablet	Swallowed, snorted, injected	II
Biscuits, Blue Heaven, Blues, Mrs. O, O Bomb, Octagons, Stop Signs	Oxymorphone (Opana®)	Tablet	Swallowed, snorted, injected	II
	Po	ssible Health Effects	έλ.	
Short-term		ausea, constipation, euphor	ia, slowed breathing, death.	
Long-term		e or addiction if misused.		
Other Health-related Issues	Older adults: higher risk prescriptions, increasing with age; also, many olde	low birth weight, neonatal a of accidental misuse because the risk of drug-drug interac er adults are treated with pro d other infectious diseases fi	e many older adults have mu tions, and breakdown of dru escription medications for p	ugs slows
In Combination with Alcohol	Dangerous slowing of he	art rate and breathing leadir	ng to coma or death.	
Withdrawal Symptoms	bumps ("cold turkey"), le		ea, vomiting, cold flashes w	ith goose
		Freatment Options		
Medications	MethadoneBuprenorphineNaltrexone (shor	t- and long-acting)		
Behavioral Therapies	The same behavioral the prescription opioid addic	rapies that have helped trea	t addiction to heroin are use	ed to treat

Prescription Stimulants						
Medications that increase alertness, attention, energy, blood pressure, heart rate, and breathing rate. For more information, see the Misuse of Prescription Drugs Research Report.						
Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule		
Bennies, Black Beauties, Crosses, Hearts, LA Turnaround, Speed, Truck Drivers, Uppers	Amphetamine (Adderall®)	Tablet, capsule	Swallowed, snorted, smoked, injected	II		
JIF, MPH, R-ball, Skippy, The Smart Drug, Vitamin R	Methylphenidate (Concerta®, Ritalin®)	Liquid, tablet, chewable tablet, capsule	Swallowed, snorted, smoked, injected, chewed	II		
Possible Health Effects						
Short-term	Increased alertness, attention, energy; increased blood pressure and heart rate; narrowed blood vessels; increased blood sugar; opened-up breathing passages. High doses: dangerously high body temperature and irregular heartbeat; heart disease; seizures.					
Long-term	Heart problems, psychosis, anger, paranoia.					
Other Health-related Issues	Risk of HIV, hepatitis, and other infectious diseases from shared needles.					
In Combination with Alcohol	Masks the depressant action of alcohol, increasing risk of alcohol overdose; may increase blood pressure.					
Withdrawal Symptoms	Depression, tiredness, sleep problems.					
Treatment Options						
Medications	There are no FDA-approv	ved medications to treat stin	nulant addiction.			
Behavioral Therapies	 Behavioral therapies that have helped treat addiction to cocaine or methamphetamine may be useful in treating prescription stimulant addiction. Mobile medical application: reSET[®] 					

Psilocybin

A hallucinogen in certain types of mushrooms that grow in parts of South America, Mexico, and the United States. For more information, see the Hallucinogens and Dissociative Drugs Research Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Little Smoke, Magic Mushrooms, Purple Passion, Shrooms	No commercial uses	Fresh or dried mushrooms with long, slender stems topped by caps with dark gills	Swallowed (eaten, brewed as tea, or added to other foods)	I
	P	ossible Health Effects		
Short-term		erception of time, inability to problems with movement, e		
Long-term	Risk of flashbacks and memory problems.			
Other Health-related Issues	Risk of poisoning if a poisonous mushroom is accidentally used.			
In Combination with Alcohol	May decrease the perceived effects of alcohol.			
Withdrawal symptoms	Unknown.			
		Treatment Options		
Medications		psilocybin is addictive. There ybin or other hallucinogens.	e are no FDA-approved medi	cations to
Behavioral Therapies	More research is needed to find out if psilocybin is addictive and whether behavioral therapies can be used to treat addiction to this or other hallucinogens.			

Rohypnol[®] (Flunitrazepam)

A benzodiazepine chemically similar to prescription sedatives such as Valium[®] and Xanax[®]. Teens and young adults tend to misuse this drug at bars, nightclubs, concerts, and parties. It has been used to commit sexual assaults due to its ability to sedate and incapacitate unsuspecting victims.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Circles, Date Rape Drug, Forget Pill, Forget-Me P La Rocha, Lunch Money Mexican Valium, Mind Eraser, Pingus, R2, Reynolds, Rib, Roach, Roach 2, Roaches, Roachies, Roapies, Roch Dos, Roofies, Rope, Rophies, Row-Shay, Ruf Trip-and-Fall, Wolfies	ill, Rohypnol®	Tablet	Swallowed (as a pill or as dissolved in a drink), snorted	IV Rohypnol [®] is not approved for medical use in the United States; it is available as a prescription sleep aid in other countries.
	Poss	ible Health Effects		1
Short-term	Drowsiness, sedation, sleep; amnesia, blackout; decreased anxiety; muscle relaxation, impaired reaction time and motor coordination; impaired mental functioning and judgment; confusion; aggression; excitability; slurred speech; headache; slowed breathing and heart rate.			
Long-term Other Health-related Issues	Unknown. Unknown.			
In Combination with Alcohol	Severe sedation, unconsciousness, and slowed heart rate and breathing, which can lead to death.			
Withdrawal Symptoms	Headache; muscle pain; extreme anxiety, tension, restlessness, confusion, irritability; numbness and tingling of hands or feet; hallucinations, delirium, convulsions, seizures, or shock.			
	Tre	eatment Options		
Medications	There are no FDA-approved medications to treat addiction to Rohypnol [®] or other prescription sedatives.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat addiction to Rohypnol [®] or other prescription sedatives.			

		Salvia			
• • •	cause the user to feel deta		e to southern Mexico. Dissoci e information, see the <mark>Hallucir</mark>		
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Magic mint, Maria Pastora, Sally-D, Shepherdess's Herb, Diviner's Sage	Sold legally in most states as <i>Salvia</i> <i>divinorum</i>	Fresh or dried leaves	Smoked, chewed, or brewed as tea	Not Scheduled (but labeled drug of concern by DEA and illegal in some states)	
	Po	ossible Health Effects			
Short-term		Short-lived but intense hallucinations; altered visual perception, mood, body sensations; mood swings, feelings of detachment from one's body; sweating.			
Long-term	Unknown.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Unknown.				
		Treatment Options			
Medications	It is not known whether salvia is addictive. There are no FDA-approved medications to treat addiction to salvia or other dissociative drugs.			ons to treat	
Behavioral Therapies	More research is needed used to treat addiction t		ctive, but behavioral therapie	s can be	

	9	Steroids (Anabolic)		
enhance athletic and se	exual performance and phy	sical appearance. For more i	I hormones in the body and information, see the <u>Steroid</u>	
Appearance and Perfor Street Names	mance Enhancing Drugs (Al Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Juice, Gym Candy, Pumpers, Roids	Nandrolone (Oxandrin [®]), oxandrolone (Anadrol [®]), oxymetholone (Anadrol-50 [®]), testosterone cypionate (Depo-testosterone [®])	Tablet, capsule, liquid drops, gel, cream, patch, injectable solution	Injected, swallowed, applied to skin	
	Ро	ssible Health Effects	1	
Short-term	Builds muscles, improved athletic performance. Acne, fluid retention (especially in the hands and feet), oily skin, yellowing of the skin, infection.			
Long-term	Kidney damage or failure; liver damage; high blood pressure, enlarged heart, or changes in cholesterol leading to increased risk of stroke or heart attack, even in young people; aggression; extreme mood swings; anger ("roid rage"); extreme irritability; delusions; impaired judgment.			
Other Health-related Issues	Males: shrunken testicles, lowered sperm count, infertility, baldness, development of breasts. Females: facial hair, male-pattern baldness, enlargement of the clitoris, deepened voice. Adolescents: stunted growth. Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Increased risk of violent behavior.			
Withdrawal Symptoms	Mood swings; tiredness; restlessness; loss of appetite; insomnia; lowered sex drive; depression, sometimes leading to suicide attempts.			
		Freatment Options		
Medications	Hormone therapy.			
Behavioral Therapies	More research is needed addiction.	to find out if behavioral the	rapies can be used to treat s	teroid

Synthetic Cannabinoids

A wide variety of herbal mixtures containing man-made cannabinoid chemicals related to THC in marijuana but often much stronger and more dangerous. Sometimes misleadingly called "synthetic marijuana" and marketed as a "natural," "safe," legal alternative to marijuana. For more information, see the <u>Synthetic Cannabinoids DrugFacts</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
K2, Spice, Black Mamba, Bliss, Bombay Blue, Fake Weed, Fire, Genie, Moon Rocks, Skunk, Smacked, Yucatan, Zohai	No commercial uses	Dried, shredded plant material that looks like potpourri and is sometimes sold as "incense"	Smoked, swallowed (brewed as tea)	1
	P	ossible Health Effects		
Short-term	Increased heart rate; vomiting; agitation; confusion; hallucinations, anxiety, paranoia; increased blood pressure.			
Long-term	Unknown.			
Other Health-related Issues	Use of synthetic cannabinoids has led to an increase in emergency room visits in certain areas.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Headaches, anxiety, depression, irritability.			
		Treatment Options		
Medications	There are no FDA-approved medications to treat synthetic cannabinoid addiction.			
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat synthetic cannabinoid addiction.			

naturally in the khat plan	nt. Examples of such chen	ore synthetic chemicals related to nicals include mephedrone, meth nformation, see the <u>Synthetic Ca</u>	ylone, and 3,4-	
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Bloom, Cloud Nine, Cosmic Blast, Flakka, Ivory Wave, Lunar Wave, Scarface, Vanilla Sky, White Lightning	No commercial uses for ingested "bath salts"	White or brown crystalline powder sold in small plastic or foil packages labeled "not for human consumption" and sometimes sold as jewelry cleaner; tablet, capsule, liquid	Swallowed, snorted, injected	I Some formulations have been banned by the DEA
	Po	ossible Health Effects	1	
Short-term	Increased heart rate and blood pressure; euphoria; increased sociability and sex drive; paranoia, agitation, and hallucinations; violent behavior; sweating; nausea, vomiting; insomnia; irritability; dizziness; depression; panic attacks; reduced motor control; cloudy thinking.			
Long-term	Death.			
Other Health-related Issues	Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Depression, anxiety.			
		Treatment Options		
Medications	There are no FDA-appro	ved medications to treat addictio	n to synthetic cathin	ones.
Behavioral Therapies	 Cognitive-behav 	ioral therapy (CBT)		
	 Contingency ma 	nagement, or motivational incen	tives	
	Motivational En	hancement Therapy (MET)		
	 Behavioral treat 	ments geared to teens		

		Tobacco			
Plant grown for its leav Tobacco/Nicotine Rese		rmented before use. For mo	re information, see the		
Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
None	Multiple brand names	cigarettes, cigars, bidis, hookahs, smokeless tobacco (snuff, spit tobacco, chew)	Smoked, snorted, chewed, vaporized	Not Scheduled	
	P	ossible Health Effects			
Short-term	Increased blood pressur	e, breathing, and heart rate			
Long-term	Greatly increased risk of cancer, especially lung cancer when smoked and oral cancers when chewed; chronic bronchitis; emphysema; heart disease; leukemia; cataracts; pneumonia.				
Other Health-related Issues	Pregnancy: miscarriage,	Pregnancy: miscarriage, low birth weight, stillbirth, learning and behavior problems.			
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Irritability, attention and sleep problems, depression, increased appetite.				
		Treatment Options			
Medications	 Bupropion (Zyban[®]) Varenicline (Chantix[®]) Nicotine replacement (gum, patch, lozenge) 				
Behavioral Therapies	Self-help materi	ioral therapy (CBT) als d Internet quit resources			

— 33 —

DRUG AND ALCOHOL PROGRAMS: INFORMATION AND RESOURCES FOR STUDENTS AND EMPLOYEES

A. Employees

The Deer Oaks Employee Assistance Program (EAP) is a free service provided for you and all members of your household by Stockton University. This program offers a wide variety of counseling, referral and consultation services, which are all designed to assist you and your family in resolving work/life issues in order to live happier, healthier, more balanced lives. These services are completely confidential and can be easily accessed by calling the toll-free Helpline listed below. Substance abuse needs may be covered by an employee's medical benefits.

Phone: Toll-free Helpline available 24/7/365: 1-866-327-2400

Web: www.deeroakseap.com Log-in to the <u>Stockton Portal</u> and click on the Employee tab to find the log-in credentials for the Deer Oaks website and/or to click on a direct pass through link into the Deer Oaks website.

Email: <u>eap@deeroaks.com</u>

B. Currently Enrolled Students

Stockton University's Alcohol and Drug Education Program provides confidential counseling, assessment and referral services for students. Information regarding procedures for treatment options, including referral to intensive outpatient treatment, inpatient treatment centers and community 12-step groups, is offered.

Students can also receive counseling if they have a relationship with an alcoholic, addict or problem drinker. Students will receive information regarding available support systems.

If you suspect someone has consumed a large volume of alcohol over a short period of time, they may have alcohol poisoning. Symptoms of alcohol poisoning could include:

- Unconsciousness; cannot be awakened
- Cold, clammy, unusually pale or bluish skin
- Slow or irregular breathing
- Excessive vomiting or vomiting while passed out

If alcohol poisoning is suspected:

- DO SOMETHING; don't worry about the person's subsequent thoughts or attitude
- DIAL 911 immediately
- STAY with the person and monitor their breathing

GOOD SAMARITAN

In an effort to promote responsible student behavior and respect for the health and welfare of all members of the collegiate community, panel members may take into account when determining the appropriate sanctions whether a respondent student attempted to take remedial action to assist a victim in a life-threatening situation. Providing students with necessary medical assistance due to over-consumption of alcohol and/or other drugs takes priority over judicial or criminal considerations. Students are therefore strongly encouraged to seek immediate assistance for themselves or their friends without regard for possible disciplinary or criminal concerns. Consideration for disciplinary leniency will be given to students who require medical support or who request medical support for others due to dangerous consumption of alcohol or drugs.

DISCIPLINARY SANCTIONS

A. Employees – <u>Procedure 6140 Disciplinary Guidelines</u> (See section 1.6 for description of progressive disciplinary action)

POSSESSION DISTRIBUTION OR SELLING OF ALCOHOLIC BEVERAGES

Employees are not permitted to possess or distribute alcoholic beverages in University vehicles, at job sites, in shops, yards or offices. Selling alcoholic beverages on University premises will be cause for removal on the first offense.

CONSUMPTION OF ALCOHOLIC BEVERAGES/CONTROLLED SUBSTANCES WHILE IN PAY STATUS

Employees are not permitted to consume alcoholic beverages or controlled substances without a prescription while in a pay status. An employee becoming legally impaired while performing their work duties for the university is grounds for removal on the first offense.

REPORTING FOR DUTY WHILE UNDER THE INFLUENCE OF ALCOHOL AND/OR CONTROLLED SUBSTANCE OR BECOMING IMPAIRED BY ALCOHOL AND/OR CONTROLLED SUBSTANCES DURING WORK SHIFT

This is a most serious breach of discipline warranting immediate suspension. Employees are not to be sent home driving their own vehicles. Arrangements are to be made for a relative or friend to transport employee off premises. If unable to arrange transportation by family or friend, the University will authorize supervisor to transport employee off premises at the earliest possible time. In addition to disciplinary action, referral to the Employee Assistance Program may be in order.

DRUG RELATED INCIDENTS SELLING OR DISTRIBUTING ILLEGAL DRUGS

Drug-related incidents, including possible illegal use and/or appearance of being under the influence of, are cause for immediate suspension and/or removal. For guidance on incidents of this nature, call the office of Human Resources.

B. Currently Enrolled Students

GUIDE FOR ALCOHOL AND OTHER DRUGS

Student conduct outcomes may be applied to address specific personal growth needs pertaining to the behavior that led to violations of the Code of Conduct. Status changes may be applied to reflect the seriousness of a behavior. Student conduct outcomes and status changes can be found in the Student Handbook. Status changes will remain on file in accordance with University Records Retention Protocols. Cases of expulsion will remain on file with the University and Office of Student Rights and Responsibilities indefinitely. Notation of the dates of suspension or expulsion are permanently noted on the student's transcript.

STUDENT CONDUCT OUTCOMES DEFINED

Student Respondent Outcomes may be applied to address specific personal growth needs pertaining to the behavior leading to the incident. Students will be notified of their educational assignments and change in conduct status with the University. All outcomes are put into place immediately upon notice of the hearing outcome. Students may request a deferment of outcomes during the appeal process by putting this request in writing to the Office of Student Rights and Responsibilities. Deferment request must be received within one business day of the hearing outcome and should include an explanation for the request and potential burden the outcomes may cause.

Goal: To increase safety, belonging, wellness and retention from a preventative, supportive and informative model.

"1st Level" Offense

- 6-Week Probation
- Vector Solutions Online Course
- Wise Choices Workshop: Student would schedule and attend one 3-hour workshop

"2nd Level" Offense

- 6-Week Probation
- Assessment Meeting with Addictions Counselor: 1-3 Follow-Up Meetings based on the assessment
- Wise Choices Workshop

"3rd Level" Offense

- Referral to Office of Student Conduct due to higher level offense
- Any Mandated Outcomes including Fines, Community Service, etc.
- Assessment Meeting with Addictions Counselor: 1-3 Follow-Up Meetings based on the assessment
- Wise Choices Workshop

Educational Assignments

Educational assignments are specific to an individual case and are determined based on relevance to the violating behavior. Examples of educational assignments include, but are not limited to: community service, alcohol and drug programs and restitution.

OVERSIGHT RESPONSIBILITY

Stockton University's Wellness Center shall have oversight responsibility of the DAAPP, including but not limited to, updates, coordination of information required in the DAAPP and the coordination of the annual notification to employees and students. Biennially, the University will review its Substance Abuse Policy/Program to determine its effectiveness and to ensure that the sanctions required for violations of the policy are consistently enforced.

NOTIFICATION OF THE DRUG ABUSE AND ALCOHOL PREVENTION PROGRAM (DAAPP)

- A. Students: Student Health and Wellness will:
 - i. Send annually by email to all current students at their Stockton University email address
- **B. Employees**: Human Resources will:
 - i. Send annually by email to all current employees to the email address on file for each employee
 - ii. Include a link to the DAAPP notification as part of the onboarding materials for new employees



stockton.edu

Stockton is an Equal Opportunity Institution