

Poll Finds Higher Costs Taking Some Cheer Out of Holiday Spending and Travel

For immediate release

November 21, 2022

Galloway, N.J. — Inflation is making the holidays a bit less merry, as many in New Jersey are cutting back on gift-giving or seasonal travel, according to a Stockton University Poll released Monday.

Two-thirds of New Jersey adults surveyed said inflation was impacting their holiday spending a great deal (39%) or somewhat (27%), and one in three said they will spend less this year compared to a year ago. Nearly half (46%) are spending the same, with only 13% spending more.

Similarly, 42% described their financial situation as worse than a year ago, with 41% saying it's about the same and 15% saying it's better. How are people coping with higher costs? Almost half (47%) said they are spending less on everyday expenses to save more money for holiday shopping. Fifty-one percent said they have not had to scrimp to pay for holiday spending.

The Stockton Poll of 570 New Jersey adults was conducted Oct. 26 through Nov. 15 for the William J. Hughes Center for Public Policy at Stockton University and has a margin of error of +/-4.1%.

"Inflation has gripped consumers with grinch-like tenacity," said John Froomjian, director of the Hughes Center. "It is making holiday shopping more challenging, but people will spend less on their daily expenses to maintain the spirit of giving."

Adults aged 30-49 — the group most likely to be raising children — are especially challenged by the economy, according to the poll. About three-quarters (76%) said inflation is affecting their spending plans, including 45% who are greatly impacted. Sixty percent said they have cut back on living expenses to be able to afford the holidays.

About one in four (27%) New Jersey adults plan to travel over the holidays but most (68%) do not. Fourteen percent said they had to change or cancel their travel plans, and 42% of all respondents said cost affected their decisions about taking holiday trips. One in five said airline disruptions and concern about flight cancellations affected their thinking, and 22% said concerns about COVID-19 affected their travel decisions.

Among those who will shop for the holidays (11% will do no shopping), 53% plan to shop online using apps on a device or through retailer websites, while 30% plan to go to stores in person. Either way, some shoppers are already experiencing pandemic-era shopping frustrations. One in five said the gift they wanted to buy was out of stock, and one in three have experienced shipping delays, said Hughes Center Research Associate Alyssa Maurice.

One out of five shoppers (21%) got an early jump and started shopping in October or earlier, and 22% started earlier this month. Thirty percent are waiting until Thanksgiving or early December to get started, and 6% are waiting until late December to start their shopping.

One silver lining for those staying put over the holidays is that majorities feel there is plenty to do in New Jersey that is affordable and family friendly. When asked about local recreational options, 57% agreed there are adequate free recreational options and 61% said they are satisfied with affordable options for recreation. And 65% said there are adequate family-friendly activities available where they live.

Still, one in three said they have had to forego recreational plans because of the cost, the poll found.

For full results of the poll, go to stockton.edu/hughes-center/polling/polling-results-2022.html.

Methodology

The poll of New Jersey adult residents was conducted by the Stockton Polling Institute of the William J. Hughes Center for Public Policy from Oct. 26-Nov. 15, 2022. Stockton University students texted cell phones with invitations to take the survey online and Opinion Services supplemented the dialing portion of the fieldwork, which consisted of cell and landline telephone calls. Overall, 90% of interviews were conducted on cell phones and 10% on landline phones. In terms of mode, 79% were reached via dialing and 21% were reached via text-to-web. A total of 570 New Jersey adult residents were interviewed. Both cell and landline samples consisted of random digit dialing (RDD) sample from MSG. Data are weighted based on U.S. Census Bureau American Community Survey data for New Jersey on variables of age, race, ethnicity, education level, sex, and region. The poll's margin of error is +/- 4.1 percentage points at a 95% confidence level. MOE is higher for subsets.

About the Hughes Center

The [William J. Hughes Center for Public Policy \(stockton.edu/hughescenter\)](https://stockton.edu/hughescenter) at Stockton University serves as a catalyst for research, analysis and innovative policy solutions on the economic, social and cultural issues facing New Jersey, and promotes the civic life of New Jersey through engagement, education and research. The center is named for the late William J. Hughes, whose distinguished career includes service in the U.S. House of Representatives, Ambassador to Panama and as a Distinguished Visiting Professor at Stockton. The Hughes Center can be found on [YouTube](#), and can be followed on Facebook [@StocktonHughesCenter](#), Twitter [@hughescenter](#) and Instagram [@stockton_hughes_center](#).

#

Media contacts:

Stacey Clapp

Director of Strategic Communications

Stacey.Clapp@stockton.edu

609-626-3645

609-412-8069

Mark Melhorn
Associate Director of News and Media Relations
Mark.Melhorn@stockton.edu
609-652-4593
609-569-6026
stockton.edu/media
Stockton University

Stockton University is [ranked](#) among the top public universities in the Northeast. Our almost 10,000 students can choose to live and learn on the 1600-acre wooded main campus in the Pinelands National Reserve in South Jersey and at our coastal residential campus just steps from the beach and Boardwalk in Atlantic City. The university offers more than 160 undergraduate and graduate programs. Learn more at Stockton.edu.