

Degree Map: Exercise Science (BS) Bachelor of Science in Exercise Science

School of Health Sciences | Stockton University
HSC 215 | 609-652-4501

This is a **suggested** plan of study for completion of this degree program. The **goal** of a Degree Map is to ensure that students graduate with no greater than 132 credits and in four years.

- All students should speak with their preceptor about their academic programs. Students are advised to reference their **Degree Works** for information about their program's At-Some-Distance and Cognate courses.
- Transfer students may not need to take all courses in the plan; they should consult with an academic advisor.

FIRST YEAR - FALL	Credit	FIRST YEAR - SPRING	Credit
Course load	17	Course load	17
Subject: FRST (GEN or another G equivalent) Freshman Seminar Attribute: W1	4	Subject: FRST (GAH or another G equivalent) Attribute: H	4
Subject: FRST (GNM or another G equivalent) Attribute: Q1	4	Subject: FRST or G or ASD Attribute: R1	4
EXSC 1101 or 1102	4	EXSC 1101 or 1102	4
BIOL 1200/05 or CHEM 2110/15	5	BIOL 1400/05 or CHEM 2120/25	5

SECOND YEAR - FALL	Credit	SECOND YEAR - SPRING	Credit
Course load	17	Course load	17
Subject: GSS Attribute: I	4	Subject: GAH Attribute: A	4
Subject: ASD or G-course Attribute: W1/W2	4	Subject: G-course Attribute: Q1/Q2	4
EXSC 2101 or 2102 or 2103	4	EXSC 2101 or 2102 or 2103	4
BIOL 1200/05 or CHEM 2110/15	5	BIOL 1400/05 or CHEM 2120/25	5

THIRD YEAR - FALL	Credit	THIRD YEAR - SPRING	Credit
Course load	16	Course load	16
Subject: GSS Attribute: V	4	Subject: GNM Attribute: Q2	4
Subject: ASD or G-course Attribute: W1/W2	4	EXSC 3101	4
EXSC 2101 or 2102 or 2103	4	EXSC 3102	4
BIOL 2180/85 or BIOL 2150/51	4	BIOL 2180/85 or BIOL 2150/51	4

FOURTH YEAR - FALL	Credit	FOURTH YEAR - SPRING	Credit
Course load	16	Course load	16
Subject: ASD or G-course Attribute: R2	4	Subject: GIS Attribute: W1/W2	4
EXSC 3103	4	Cognate course	4
EXSC 4101	4	EXSC 4900	8
EXSC 4102	4		

GRADUATION REQUIREMENT TRACKER

G-course	✓
GAH	
GAH	
GEN	
GIS	
GNM	
GNM	
GSS	
GSS	

4

Quantitative Reasoning	✓
Q1 (First year)	
Q1/Q2	
Q2	

Writing Requirement	✓
W1 (First year)	
W1/W2	
W1/W2	
W1/W2 (3000 level or higher)	

At-some-distance	✓
ASD	
ASD	
ASD	
ASD	

Attributes	✓
A	
H	
I	
R1	
R2	
V	

ADDITIONAL INFORMATION

- **FIRST (FRST).** All newly admitted freshmen or transfer students with 15 or fewer credits are required to fulfill the University’s first-year competency requirement. The requirement may be met by demonstrating competency on the placement tests, or by passing, with a grade of C or better, all FRST courses: FRST 1101 – College Writing, 1002 – Critical Thinking and Reading, and 1103 – Quantitative Reasoning into which students have been placed. Students enrolled in FRST 1100 – Developmental Mathematics must receive a grade of C or better, and then enroll in and receive a grade of C or better in FRST 1103 to demonstrate competency. Full-time students must register for all required FRST courses in their first semester. Depending on time to completion of competency requirements, some students may need additional time for degree completion. *Note-* certain FRST courses also meet the requirements of the General Studies course distribution categories.
- **General Studies.** Students must complete 48 credits of General Studies with the distribution requirement of: 8 GAH, 4 GEN, 4 GIS, 8 GNM, 8 GSS and 16 ASD (At Some Distance). See 2021-2022 Bulletin for more information.
- **W1/W2- Writing requirement.** Students are required to complete (C or better) four Writing intensive (WI/W2) courses. One W1 is required in the first year and an additional three W1 or W2 with one in the upper-level division (3000-level or higher). W1/W2 courses can be found in General Studies or Program/cognate courses depending on major.
- **Q1/Q2- Quantitative Reasoning.** Students are required to complete (C or Better) three Q1/Q2

courses. One Q1 in the freshman year and at least one Q2. Q1/Q2 courses may be found in General Studies or Program/cognate course depending on major.

- **R1/R2- Race and Racism.** Students are required to pass one (1) R1 and one (1) R2 courses. R1/R2 courses may be found in General Studies or Program/cognate courses depending on major.
- **Minor program.** Students may select a Minor program of study, in consultation with their preceptor. Minor courses would replace some of the ASD or Program/cognate courses in the Degree Map.

Include Program specific notes

1. Make notations when a course is a fall or spring only classes.
2. Include suggested course sequence to be completed by graduation - sample order.
3. Attributes and W/Qs float, so these can be distributed throughout the curriculum.
4. Multiple courses can fulfill an attribute and attributes are connected to a variety of courses in the curriculum, consult with an advisor.
5. Attributes are not additional course(s) they connect to a course and can be taken in any order except for the first-year requirements.
6. Indicate Program Research or Internship courses and/study abroad options.