Ed.D. in Organizational Leadership

Essential Habits/Mindsets

Program Competencies

Some thoughts regarding the essential habits/mindsets follow:

- We take the view that development of the essential habits/mindsets is an integrated and sustained process. While the essential habits/mindsets and core leadership understandings are reviewed in separate documents, they are designed to reinforce each other by overlapping and interconnecting and providing a solid framework for leadership development. Developing the habits is a lifelong journey that commences, or is advanced, at the beginning of the three-year program and extends well beyond the duration of the program. We take the view that developing the habits is:
  - a journey of continuous exploration to acquire, explore, and deepen understanding;
  - a journey of continuous awareness in which leaders grasp the benefits of the habits in their own behavior and leadership actions as well as the behavior and leadership actions of others;
  - a journey of cultivating more skillful capacity as participants connect and apply the habits within the practice of leadership; and
  - a journey of refining the ability to critically self-reflect on one’s leadership behaviors and actions through the seven essential habits/mindsets.

- The three-year program is designed to connect the program competencies for the essential habits/mindsets with classroom practice and the workplace. Throughout the program, lead faculty, affiliated faculty, and guest speakers will provide activities, scenarios, strategies, and opportunities for participants to engage with the essential habits/mindsets in order to facilitate growth. As with the core leadership understandings, the program is also designed to develop and support participants through different leadership developmental stages. Since the participants in the program will enter the program with varied experiences and mindsets, we recognize that participants will move through the leadership development stages at different phases. We also recognize that participants may not be able to develop all of the competencies associated with the essential habits/mindsets equally. In order to focus the program participants, we have distinguished the competencies for the essential habits and mindsets as primary or secondary. Ten of the competencies are identified as primary, and 15 of the competencies are identified as secondary. Primary competencies are identified by the bold text. The competencies for the essential habits/mindsets are based on current research in leadership development and reflect the behaviors and mindset necessary for leaders to maximize opportunities for success in the current, complex environment in which leadership takes place.
• With the core leadership understandings, evidence of achievement at the competent or skilled level is expected. With regard to the essential habits/mindsets, however, these competency descriptions and expectations are not comparable as the habits are never fully achieved or mastered. Instead, they are continually practiced, modified, refined, and internalized as they become a ‘North Star’ or ‘internal compass’ to guide a leader’s actions, decisions, and authenticity.

• Because the growth journey for the essential habits/mindsets is elusive and extends well beyond the duration of this program, we have combined aspects of Costa’s Dimensions of Growth (Costa, Anderson, and Kallick. Dimensions of Growth: 16 Habits of Mind. 2008, 2014) and Bloom’s Affective Domain of Learning (Bloom and Krathwohl. 2002) to guide and measure growth in leadership practice. Our corresponding five stages of growth are: Stage 1 (Receiving and Acquiring), Stage 2 (Responding and Connecting), Stage 3 (Valuing and Applying), Stage 4 (Organizing and Understanding), and Stage 5 (Characterizing and Self-directing). A short description of each Stage follows.

• Stage 1 (Receiving and Acquiring): Receiving refers to the participant’s exposure to the meaning associated with a habit, his/her willingness to explore the meaning through activities, scenarios, strategies, and opportunities, and his/her ability to acquire a rudimentary degree of meaning from the interactions. As the participant develops a basic knowledge of the meaning, he/she is able to draw upon a greater range of examples and begin to increase the depth of understanding of the meaning.

• Stage 2 (Responding and Connecting): Responding emphasizes the participant’s active involvement with the habit, the willingness and capacity to respond to and offer feedback about the habit, and the cultivation of interest from participating in the activities, scenarios, strategies, and opportunities. In Stage 2, the participant begins to observe connections between the habits and problems, decisions, and situations as well as utilize the habits more effectively and strategically. Participants also begin to develop a proficiency to select and apply the most appropriate strategy at the appropriate time.

• Stage 3 (Valuing and Applying): Valuing is concerned with the worth the participant attaches to a habit. Worth can range from simple acceptance of the habit to a more advanced level of commitment to the habit, where the competencies reflective of the habit are expressed in the participant’s actions and behaviors. In Stage 3, the participant recognizes that opportunities to engage in the habit have presented themselves. The participant begins to refine his/her ability to apply a habit in more complex and sophisticated ways.

• Stage 4 (Organizing and Understanding): In Stage 4, the participant organizes the values attached to a habit, resolves conflicts that exist between them, and begins development of a deep-rooted value system specific to the habit. The participant develops a deeper understanding about when and why it is appropriate to use a particular habit in a specific situation. In doing so, he/she deepens the values attached to the habit and makes a stronger commitment to using it. In Stage 4, the participant begins to view the habit as a pattern of behavior integrated with their leadership beliefs, values, and styles. He/she also grasps the benefit of the habits on the behavior and leadership actions of others.

• Stage 5 (Characterizing and Self-directing): Characterizing is the internalizing of the values associated with a habit so they consistently influence and are exhibited in the participant’s behavior. In Stage 5, the participant views the habit as a pattern of behavior integrated with his/her leadership beliefs, values, and styles. The leader builds a commitment to continuous improvement in the use of the habit and becomes increasingly self-directed. Self-direction takes the form of self-managing, self-monitoring, self-reflecting, and self-improving as the leader uses the habit, evaluates the use of the habit, and sets new and higher standards for its use.
While we realize that each participant’s growth on the essential habits/mindsets will be different, we expect that all program participants will experience and demonstrate growth on the 10 primary competencies to a minimum of Stage 3, based upon an essential habits/mindset rubric, self-assessments, and workplace assessments completed by co-workers up, down, and at the middle of the organization implemented formatively at the end of the first and second years of the program and summatively at the end of the third year of the program.

Course syllabi will identify the specific competencies for the essential habits/mindsets that are emphasized in each course as well as in each learning outcome in that course. There is no one-size-fits-all approach with regard to demonstrating growth. Participants are expected to provide evidence to support growth as they move through the program. The evidence of competency growth for each essential habit/mindset will build exponentially as the student moves through, and beyond, the program.

The competencies for the essential habits/mindsets are not viewed as separate and distinct entities, but rather as an integrated whole, all important for effective leadership development and application.

It is impossible to provide a list of the surveys, inventories, and artifacts that could be used to provide evidence of competency achievement. In addition to the rubric, self-assessments, and workplace assessments indicated above, the program director and lead professor will use activities, scenarios, strategies, and opportunities to establish and maintain an ongoing picture of each participant’s growth progress. We believe that continuous assessment is essential to provide each participant with feedback as well as facilitate continuous growth in the essential habits/mindsets.

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<thead>
<tr>
<th>Essential Leadership Habits (H)</th>
<th>Competency</th>
<th>LEAD Courses</th>
<th>Evidence of Competency</th>
<th>Professor Assessment</th>
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</table>
| H1: Thinking reflectively      | A. Personalizes and integrates ongoing reflection into leadership and decision making practices from creative, critical, multi-perspective, ethical, and political perspectives  
B. Develops a multi-perspective, interconnected, flexible, and systems thinking mindset, necessary to lead in the current environment  
C. Reflects on own successes and failures and identifies | All LEAD Courses | Level 1: Receiving and Acquiring  
Level 2: Responding and Connecting  
Level 3: Valuing and Applying  
Level 4: Organizing and Understanding  
Level 5: Characterizing and Self-directing |
| H2: Listening and connecting | A. Practices active listening skills; demonstrates the ability to listen to others with the intent to understand others’ points of view before responding  
B. Exhibits and cultivates compassionate and empathetic reflection and response  
C. Practices participative leadership; doesn’t presume to have all the answers, or all of the questions | All LEAD Courses |
|---|---|---|
| H3: Building trust and respect (See U10) | A. Genuinely cares for others; respects the dignity of every person and treats everyone with respect  
B. Uses position and power appropriately; acts with integrity, authenticity, and honesty by speaking the truth, presenting himself/herself in a genuine way with sincerity, showing no pretense, and taking responsibility for his/her own feelings and actions  
C. Demonstrates personal humility; doesn’t let pride or ego get in the way of doing the right thing  
D. Has learned how to extend trust to others based upon the situation, risk, and character/competence of the people involved | All LEAD Courses |
| H4: Building and sustaining relationships | A. Considers and responds appropriately to the needs and feelings of different people in different situations  
B. Makes commitments carefully, and keeps them at all costs  
C. Inspires and fosters team commitment, integrity, pride, and trust | All LEAD Courses |
| H5: Inspiring and influencing employees | A. Demonstrates an understanding that the need for growth and autonomy are crucial for people to | All LEAD |

Lessons learned for future application  
D. Encourages employees to reflect on their successes and failures and identify lessons learned for future application
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<tr>
<th>Courses</th>
<th>H6: Building confidence, initiative, and accountability</th>
<th>H7: Growing and improving from risk taking</th>
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| A. **Demonstrates an understanding of the importance and relevance of professional relationships, develops networks, gains cooperation from others, builds consensus, and empowers others by sharing power and responsibility**  
B. **Holds him-/herself accountable, and holds others accountable; clearly communicates how accountability will be measured, both for self as well as others**  
C. **Doesn’t avoid responsibility, and doesn’t blame others or point fingers when things go wrong** | A. **Creates a culture in which it is safe to take the types of risks required to stretch and grow the individual as well as the organization**  
B. **Demonstrates an understanding that the need for growth and autonomy (ownership) are crucial for people to feel intrinsically motivated, be inspired, and take risks that lead to improvement**  
C. **Takes thoughtful, reasonable risks and shows leadership by assessing and recovering from the inevitable mistakes that may still accompany prudent risk-taking** |
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<td>D. Creates intellectual stimulation in the organization by assisting followers in questioning assumptions with the intention to generate more creative solutions to problems</td>
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