

### Child Maltreatment in NJ Has Steadily Declined Number and Rates of Child Maltreatment in New Jersey by Age Range, 2012 to 2020 Source: NJ Child Welfare Data Hub Child Maltreatment Numbers by Age Range Child Maltreatment Rates by 12 10 **13 - 17** ■6 to 12 6 to 12 -13 to 17 2017 2013 2014 2015 2016 2017 2018 2019 2020 2021 New Jersey Child Welfare Data Hub. Maltreatment Rate. Retrieved on October 17, 2022 from Tinh

### Increased DCF Investment in Prevention

- DCF Strategic Plan
  - Prioritization of primary prevention of maltreatment and maltreatment related fatalities
- Prevention and the Risk and Protective Factors Model
  - Individual
  - Family
  - Community



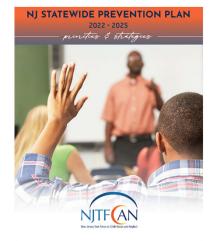
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## NJTFCAN Prevention Committee Strategic Plan

#### NJ Statewide Prevention Plan 2022-2025

- Promote racial equity/racial justice and reduce disparities across populations in service access, service provision and retention
- Increase opportunities for effective youth and family participation in policy and program planning, implementation, continuous quality improvement (CQI), evaluation, and outcomes.
- Promote developmentally-based traumainformed and healing-centered prevention practices

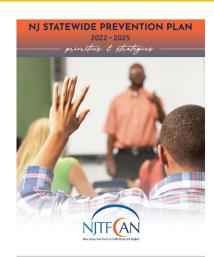
2022-2025.NJ.Statewide.Prevention.Plan.pdf





### NJ Statewide Prevention Plan 2022-2025

- Partner and collaborate with key stakeholders across systems to ensure access to a full continuum of primary, secondary, and tertiary prevention services for universal, select, and indicated populations with an emphasis on non-stigmatizing strategies within a risk and protective factors framework.
- Enhance data infrastructure and appropriate data sharing for decision-making
- Ensure a highly qualified workforce with ties to the local community to provide inclusive, culturally and linguistically sensitive evidencebased prevention services





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### Family and Community Partnerships Range of Prevention Services



#### **Primary Prevention**

Activities that are directed at the general population (universal) and attempt to stop maltreatment before it occurs.



#### **Secondary Prevention**

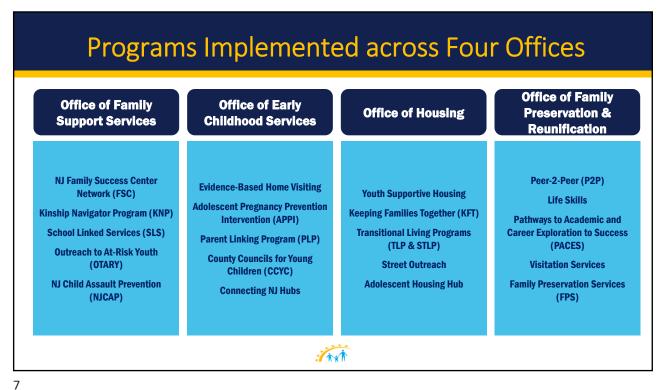
Activities with a high-risk focus that are offered to populations that have one or more risk factors (select) associated with child maltreatment, such as poverty, parental substance abuse, young parental age, parental mental health concerns, and parental or child disabilities.



#### **Tertiary Prevention**

Activities focus on families where maltreatment has already occurred (indicated) and seek to reduce the negative consequences of the maltreatment and to prevent its recurrence.







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## Office of Family Support Services (OFSS)

#### Office Overview:

OFSS contracts and works in partnership with school districts and organizations throughout the state to build a continuum of family-centered, holistic, and preventive services for New Jersey's children and families.

#### **Programs We'll Focus on Today**

- New Jersey Family Success Centers: 57 statewide Primary Prevention services
- New Jersey Kinship Navigator Program: preserving family stability.

#### Who do we typically serve?

OFSS' primary and secondary prevention programs touch across the entire lifespan! Serving infants and grandparents as well as many school age children and their parents or caregivers.



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# New Jersey Family Success Centers

- Serving: Over 50,000 individuals annually.
- Program Offerings + the Protective Factors: calendar of events that promote a caregiver's nurturing and protective capacities.
- Community Partnerships: Develop partnerships in the communities to ensure families are referred to the most effective programs
- Social Connections: neighbor helping neighbor



### Family Choice + Family Voice

### **Building Trusting Relationships**

BB connected with the FSC and enrolled into the Parents as Teachers home visitation program. As a new mother she wanted to learn as much as she could...BB participated in the Higher Opportunities for Women (H.O.W) program to further her education and employment. With ongoing support from her FSW and volunteering at the FSC, BB worked hard to overcome fears of public speaking and entering the workforce. BB has secured a job at Shop Rite and has been advancing within her job role.

-Sussex County Family



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# Family Choice + Family Voice

### **Neighbors Helping Neighbors**

RD found out about Shore FSC from another parent and has joined almost every event since 2020. RD wants her daughters to learn compassion for all people. This wonderful family delivered food, clothes and educational materials to families living in local motels. She volunteered to deliver all needed program supplies and crafts for virtual events to families without vehicles during pandemic.

-Cape May Family





### New Jersey Kinship Navigator Program (KNP)

**Serving:** over 4,000 caregivers annually.

**Connecting Caregivers:** with four regional providers across the state.

**Services Provided:** Information + Referral, Kinship Wraparound Services for qualifying families and Kinship Legal Guardianship.

**What's New:** Pursuing Family First Act funds to refine practice model and evaluate program model.



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## Kinship Navigator Program Providers

- Care Plus NJ, Inc.
  - Serving Bergen, Hudson, Morris, Passaic,
     Sussex, and Warren Counties. (201) 398-9110
- The Salvation Army
  - Serving Essex County (973) 373-5045
- Children's Home Society
  - Serving Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties. (800) 396-4518
- Center for Family Services
  - Serving Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties. (877) 569-0350



## Office of Early Childhood Services (OECS)

Office Overview:

The NJ OECS supports the development and implementation of programs and activities related to pregnancy and parent support for families.

**Programs We'll Focus on Today** 

- NJ Evidence Based Home Visiting Network
- Connecting NJ Hubs

Who do we typically serve?

We reach vulnerable families early during pregnancy and/or infancy up to age 5.



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### What Is Home Visitation?



#### **Common Model Elements:**

- Research-driven models
- Strengths-based / family-centered approach
- Relationship-based / Multi-dimensional
- Visits begin early prenatal/birth
- Voluntary participation of families
- Frequent, long-term home visits

#### Focus on:

- Prenatal & parent health
- Infant and child health & development
- Parent-child interaction / infant mental health
- Parent Education / Family Social Support
- Early Literacy / School Readiness
- Path to Parent/Family Self-Sufficiency



### How Are Parents Impacted?

I wish this program was available when I was a child, because I went from foster home to foster home. I'm grateful I can have it with my son. - NFP Participant

> This program has made being a first-time mom a lot easier through information, toys and necessities. I highly recommend [this program] to any mom or family! - HF Participant

I can't begin to express my happiness for the program. PAT has helped us so much, not just our children, but our whole family... they have been there every step of the way.

- PAT Participant

The program helps us feel more confident as parents. [Our nurse] is very knowledgeable and always gives us great advice. She also makes sure that our baby is healthy and on track!
- NFP Participant



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## NJ Universal Newborn Home Visiting



- Statewide, voluntary program
- Culturally competent
- Offer home nurse visitation services
  - in every community in the State
  - for all newborn infants and all parents of a newborn infant residing in the community in which the program operates, including resource family parents, adoptive parents, and parents experiencing a stillbirth;
  - include at least one home nurse visit in the participating newborn infant's home within two weeks after the birth of an infant
  - Requires the visit be conducted by a registered nurse or advance practice nurse



### How Do NJ Families Get Connected to Services?

#### Single Point of Entry (toll-free number) easy access for

 Information, eligibility, assessment & referral to family support services

## Reach Families Earlier – beginning in pregnancy (voluntary)

 Universal Perinatal Risk Assessment (PRA) – 4 P's Plus

#### Effective Use of Limited Resources

- HV programs stay focused on service delivery--not outreach
- Reduces duplication of services / Identifies gaps in services

#### Locally Driven – Each county has a local lead coordinating agency

- Designated Central Intake Coordinator
- Partnering with local outreach / Community Health Workers



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### Aligning Early Childhood Initiatives

**Continue to Strengthen Collaboration:** Across sectors – Home Visiting, Health, Early Head Start/Head Start, Child Care, Preschool, Education, Early Intervention, Special Child Health, Child Welfare, Family Support, etc.

#### **Alignment & Systems Integration**

- Early Childhood Comprehensive Systems (ECCS)
- Help Me Grow (to age 5)
- Healthy Start
- Improving Outcomes Initiative -- Plans of Safe Care
- Preschool Development Grant-Birth to 5



## Office of Housing (OOH)

Office Overview:

OOH aims to improve the social and well-being outcomes of constituents involved with DCF by leveraging housing as a foundational platform. The office focuses on 3 Primary functions:

- Program Implementation
- Systems Advocacy and Integration
- Capacity Building and Technical Assistance

**Programs We'll Focus on Today** 

#### Fostering Youth to Independence (FYI)

Launch in 3 Counties in 2022

#### **Keeping Families Together (KFT)**

Building the Practice

Who do we typically serve?

Youth and families experiencing homelessness, housing instability and/or at risk of homelessness.



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### Additional Investments in Youth Housing



Adolescent Housing Hub helps young people locate safe and stable housing options throughout New Jersey.

Adolescent housing supports 428 youth.

Supervised Transitional Living Programs
Transitional Living Programs
Permanent Supportive Housing Programs



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### DCF's Portfolio of Housing Interventions and Services

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#### **Transitional Housing**

Transitional Living Programs (Supervised and non-supervised)

#### **Supportive Housing**

- Keeping Families Together (KFT)
- Connect to Home (CTH)
- Expectant and Parenting Youth (EPY)
- Permanent Supportive Housing (PSH)
- Family Unification Program (FUP)
- Fostering Youth to Independence (FYI)

#### **Housing Related Services**

- Street Outreach
- Adolescent Housing Hub (AHH)





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### What's on the Horizon?

- ✓ <u>'MARKETING' and BUILDING CAPACITY</u> evolving housing supports information within DCF & its networks.
- ✓ <u>INVESTING</u> in supportive housing for youth and families.
- ✓ <u>STRENGTHENING RELATIONSHIPS</u> at state, federal, and local levels.



### Office of Family Preservation & Reunification (OFPR)

Office Overview:

OFPR supports the development and implementation of preservation, in-home family support, adolescent support and reunification programs. We work collaboratively with DCP&P in the management and oversight of the service portfolio.

**Programs We'll Focus on Today** 

- Peer2Peer Program, a model selected by the DCF Youth Council, was launched in July 2021.
- Family Preservation Services, which is included in the first wave of DCF Monitoring.

Who do we typically serve?

Children, youth and caregivers involved or formerly involved in child protection & permanency.



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The **Peer-2-Peer Program** will employ credible messengers with lived experience to offer advice, guidance and empowerment strategies to youth in foster care.

Three regional providers were awarded to serve Atlantic, Burlington, Camden, Essex, Middlesex, Mercer, Monmouth, Ocean and Union.

**150 youth** in foster care will be served across New Jersey.

Young people in care **less than 18 months** will be prioritized for services.







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### Connect with FCP!

### Office of Early Childhood Services (OECS) Lenore Scott, LSW - Lenore.scott@dcf.nj.gov

#### Office of Family Support Services (OFSS)

Jenira Hill, MA - Jenira.hill@dcf.nj.gov

#### Office of Family Preservation and Reunification (OFPR)

Daniela Guarda, MSW - Daniela.Guarda@dcf.nj.gov

### Office of Housing (OOH)

Kerry-Anne Henry, LSW - Kerryanne.henry@dcf.nj.gov or DCF.OfficeofHousing@dcf.nj.gov

<u>Division of Family Community Partnerships</u>
Assistant Commissioner Sanford Starr, MSW – Sanford.Starr@dcf.nj.gov



