

# New Jersey Evidence-Based Home Visitation Program Overview

Presented by Project Self-Sufficiency of Sussex County, NJ

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## Home Visitation Services



Program Name	Healthy Families	Nurse-Family Partnership	Parents as Teachers
Types of Families Served	Pregnant Women, Parents of Newborns/Infants	First-Time Mothers; must enroll within the first 28 weeks of pregnancy	Pregnant Women, Parents of Infants through Toddlers
Income Eligibility Requirements	May apply – call for details.	May apply – call for details.	May apply – call for details.
Home Visitor	Professional Social Worker, Bachelor's degree or higher	Licensed Nurse – R.N. or B.S.N.	Professional Social Worker, Bachelor's degree or higher
Frequency of Visits	Twice per month or quarterly, depending on age of child	Twice per month; weekly in initial phase	Twice per month
Avg. Length of Visit	One hour	One hour	One hour
Duration of Visitation Program	Through Child's 2 <sup>nd</sup> Birthday	Prenatal through Child's 2 <sup>nd</sup> Birthday	Through Child's 5 <sup>th</sup> Birthday
Cost	None	None	None
Voluntary?	Yes	Yes	Yes

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# Connecting NJ

- ▶ What is Connecting NJ?
- ▶ Review referral process for statewide home visitation programs
  - ▶ What happens when a referral comes into the Connecting NJ Hub?
  - ▶ How do I know my client was enrolled in the HV program?
- ▶ How long does outreach continue after a referral is submitted?
- ▶ Where can I get a list of Connecting NJ provider agencies?
  - ▶ <https://www.nj.gov/connectingnj/>

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## Home Visitation Benchmarks

- ▶ Enrollment in services prenatal or within the first 3 months
- ▶ WIC Enrollment
- ▶ Access to Prenatal Care
- ▶ Access to Health Insurance
- ▶ Screening for Intimate Partner Violence
- ▶ Screening for Post Partum Depression
- ▶ Access to PCP, Pediatrician, OB/GYN
- ▶ Up-to-date on Immunizations
- ▶ Service referrals
- ▶ Home Safety
- ▶ Developmental Milestones Monitoring
- ▶ Breastfeeding
- ▶ Employment and/or Education by child's 2<sup>nd</sup> Birthday

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## What Happens During a Visit?

- ▶ Relationship-based
- ▶ Client-centered
- ▶ Family Focused
- ▶ Support
- ▶ Tools
- ▶ Parent-Child Interaction
- ▶ Developmental Centered Parenting
- ▶ Family Well-Being

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## Additional Early Childhood Services

- ▶ Healthy Women, Healthy Families
  - ▶ Over the phone case, ongoing management
  - ▶ Resource and referrals
- ▶ Early Childhood Specialist
  - ▶ Family Access Portal
  - ▶ DCPD Plans of Safe Care
- ▶ Family Success Center
  - ▶ Family Strengthening Activities
  - ▶ Holiday Assistance
  - ▶ Family Support
  - ▶ Food Pantry
  - ▶ Legal Services
- ▶ Sussex County Council for Young Children
  - ▶ Target Population - Prenatal to age 8
  - ▶ Parent Engagement
  - ▶ Educational Forums
  - ▶ Parent Linkages

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## Project Self-Sufficiency Wrap-Around Services Model

- ▶ Comprehensive Case Management
- ▶ Emergency Basic Needs
- ▶ Employment and Training Services
- ▶ Food Pantry
- ▶ Legal Services
- ▶ Childcare
- ▶ High School Equivalency Program
- ▶ Information, Referral and Advocacy

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## Training Platform

- ▶ Enough Abuse Child Sexual Abuse Prevention
- ▶ Connections Matter
- ▶ Understanding ACES: Building Self-Healing Communities
- ▶ Ages and Stages Questionnaire Family Access Portal
- ▶ Health Equity
- ▶ ACT Raising Safe Kids Parenting Class Series
- ▶ Virtual Platform
  - ▶ Motivational Monday
  - ▶ Women's Group
  - ▶ Workforce Wednesday
  - ▶ Parenting Support Group

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## Training Contacts

- ▶ **Enough Abuse**
  - ▶ Location: 103 Church Street, Suite 210, New Brunswick, NJ 08901
  - ▶ Phone: [732-246-8060](tel:732-246-8060)
  - ▶ Email: [pstalcup@preventchildabuse.nj.org](mailto:pstalcup@preventchildabuse.nj.org)
  - ▶ Website: [www.preventchildabuse.nj.org](http://www.preventchildabuse.nj.org)
- ▶ **Connections Matter**
  - ▶ Questions about the initiative in New Jersey can be directed via email to Victoria Spera-Bellesteros ([vspera@preventchildabuse.nj.org](mailto:vspera@preventchildabuse.nj.org)) or Patty Mojta ([pmojta@preventchildabuse.nj.org](mailto:pmojta@preventchildabuse.nj.org))
- ▶ **Understanding ACES: Building Self-Healing Communities**
  - ▶ Contact Name: Dave Ellis - Executive Director - Office of Resilience
  - ▶ Email: [Dave.Ellis@DCF.nj.gov](mailto:Dave.Ellis@DCF.nj.gov)
  - ▶ Website: [DCF.OfficeofResilience@dcf.nj.gov](mailto:DCF.OfficeofResilience@dcf.nj.gov)
  - ▶ Phone: (609) 203-9148
  - ▶ Website: <https://www.acesconnection.com/g/NJ-Resiliency-Coalition>
- ▶ **ACT: Raising Safe Kids Parent Series**
  - ▶ Contact Name: Margie Kerwien; APA, ACT, Raising Safe Kids Master Trainer
  - ▶ Location: *Morris County's Child Care Resource and Referral Agency (CCR&R)*
  - ▶ Address: 111 Howard Blvd. Suite 104; Mt. Arlington, NJ 07856
  - ▶ Phone: 973-601-6149
  - ▶ Email: [mkerwien@cfmorrison.org](mailto:mkerwien@cfmorrison.org)
  - ▶ Website: [www.CFRMORRISON.org](http://www.CFRMORRISON.org)

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## What is your role?

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## Where is your Connecting NJ Hub?

<b>Atlantic</b>	<a href="#">Southern NJ Perinatal Cooperative</a>	The Connection	<a href="tel:1-800-611-8326">1-800-611-8326</a>	<b>Mercer</b>	<a href="#">Central Jersey Family Health Consortium</a>	Connecting NJ - Mercer County	<a href="tel:888-551-6217">888-551-6217</a>
<b>Bergen</b>	<a href="#">Partnership for Maternal &amp; Child Health of Northern NJ</a>	Connecting NJ - Bergen County	<a href="tel:973-942-3630">973-942-3630</a> x11	<b>Middlesex</b>	<a href="#">Central Jersey Family Health Consortium</a>	Connecting NJ - Middlesex County	<a href="tel:1-888-551-6217">1-888-551-6217</a>
<b>Burlington</b>	<a href="#">Southern NJ Perinatal Cooperative</a>	The Connection	<a href="tel:1-800-611-8326">1-800-611-8326</a>	<b>Monmouth</b>	<a href="#">Children's Home Society</a>	CHSoNJ Monmouth-Connecting NJ	<a href="tel:1-877-352-7843">1-877-352-7843</a>
<b>Camden</b>	<a href="#">Southern NJ Perinatal Cooperative</a>	The Connection	<a href="tel:1-800-611-8326">1-800-611-8326</a>	<b>Morris</b>	<a href="#">Partnership for Maternal &amp; Child Health of Northern NJ</a>	Connecting NJ - Morris County	<a href="tel:973-343-2650">973-343-2650</a>
<b>Cape May</b>	<a href="#">Southern NJ Perinatal Cooperative</a>	The Connection	<a href="tel:1-800-611-8326">1-800-611-8326</a>	<b>Ocean</b>	<a href="#">Children's Home Society</a>	CHSoNJ Ocean - Connecting NJ	<a href="tel:1-877-352-7843">1-877-352-7843</a>
<b>Cumberland</b>	<a href="#">Acenda Integrated Health</a>	CGS Connect	<a href="tel:856-431-4180">856-431-4180</a>	<b>Passaic</b>	<a href="#">Partnership for Maternal &amp; Child Health of Northern NJ</a>	Connecting NJ - Passaic County	<a href="tel:973-942-3600">973-942-3600</a> x14
<b>Essex</b>	<a href="#">Prevent Child Abuse NJ</a>	Essex Pregnancy and Parenting Connection	<a href="tel:973-621-9157">973-621-9157</a>	<b>Salem</b>	<a href="#">Acenda Integrated Health</a>	CGS Connect	<a href="tel:856-431-4180">856-431-4180</a>
<b>Gloucester</b>	<a href="#">Acenda Integrated Health</a>	CGS Connect	<a href="tel:856-431-4180">856-431-4180</a>	<b>Somerset</b>	<a href="#">Central Jersey Family Health Consortium</a>	Connecting NJ - Somerset County	<a href="tel:1-888-551-6217">1-888-551-6217</a>
<b>Hudson</b>	<a href="#">Partnership for Maternal &amp; Child Health of Northern NJ</a>	Connecting NJ - Hudson County	<a href="tel:201-876-8900">201-876-8900</a> x 221	<b>Sussex/ Warren</b>	<a href="#">Project Self-Sufficiency</a>	Project Family Connect	<a href="tel:1-844-807-3500">1-844-807-3500</a>
<b>Hunterdon</b>	<a href="#">Central Jersey Family Health Consortium</a>	Connecting NJ - Hunterdon County	<a href="tel:888-551-6217">888-551-6217</a>	<b>Union</b>	<a href="#">Partnership for Maternal &amp; Child Health of Northern NJ</a>	Connecting NJ - Union County	<a href="tel:201-876-8900">201-876-8900</a> x 221

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## Home Visitation Services Elevator Speech

- ▶ *I wanted to talk to you about a wonderful program that will provide you with a one-to-one home visitor who will get to know you and your child to work towards being the best parent you can be. This program helps navigate all the questions and concerns you may have as a parent and helps prepare your child to be school ready. Do you want to call today together to learn more about it?*
- ▶ *The goal is to equip parents with tools to enhance their parenting and family stability as their child grows and gets ready to go to school.*

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## FAQ's

- ▶ Is the home visitation program free?
  - ▶ Yes! Free and voluntary!
- ▶ How often do my clients meet with their home visitor?
  - ▶ Most programs start on a weekly basis and the family graduates to a bi-monthly schedule and then to a monthly schedule before they graduation - and yes, the graduate the program!
- ▶ My client works full time during the week, when will their visits take place?
  - ▶ We are flexible around the needs of the family; we can accommodate evening and weekend visits if needed.
- ▶ My client wants to work on discipline, is this a part of the visits?
  - ▶ Absolutely! The curriculum is client centered and will be tailored to the client's interests.
- ▶ Will your program stay open after a DCPD case closes?
  - ▶ Yes! And this provides a nice transition for cases that are closing out!

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## QUESTIONS?

### Contact Information:

Project Self-Sufficiency  
127 Mill Street Newton, NJ 07860  
973-940-3500

[pss@projectselfsufficiency.org](mailto:pss@projectselfsufficiency.org)

[www.projectselfsufficiency.org](http://www.projectselfsufficiency.org)

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