

Jennifer Vazquez, MSW, LCSW

### Biography

Jennifer (Jen) has been practicing since graduating with her MSW from Rutgers University in 2004. Jen is a Certified Supervisor as well as a Certified First Response Counselor. Jen opened private practice in 2008 and continues to maintain a full-time private practice in Lawrenceville, NJ. Jen's practice is a generalist one, seeing both children and adults, with two specialty areas. One in grief and work with chronically and terminally ill and their families and a second in child/family therapy. Jen's post graduate training was directly under Joseph ("Joe") McBride, LCSW in both the areas of grief and family therapy. Joe was trained in structural family therapy at the Child Guidance Center Philadelphia, PA, directed and lead by Salvator Minuchin, founder of Structural Family Therapy.

Jen's experience with grief includes in home hospice care (2008-2011), counseling of anticipatory grief, the dying and their family as well as counsel regarding the dying process and at times sitting bedside with the family and patient when one is actively dying. Jen continues her work seeing both chronically and terminally ill patients in her practice. Her work with the chronically and terminally ill includes assistance with adjustment to complex medical diagnosis, the change to daily living and work with family dynamics when requested and appropriate. Her grief work includes working with parents who have lost their children, death of a sibling, spouse, parent and other family members and friends. When speaking of her work with the bereaved Jen states, "I consider myself a vessel to provide support and hope that this painful time will eventually be less intense and find the space to one day be able to have grief and happiness all at the same time".