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Stockton Center on Successful Aging News & Events, June 2016

SCOSA News & Upcoming Events

SCOSA Updates

SCOSA Festival, Stockton Retiree Breakfast: Great Sessions, Turn-Out and Weather!
An enjoyable day was had by all at SCOSA's Annual Festival on Thursday May 19th. Click here and here to view all photos or on the other hyperlinks below. The exhibit hall, featuring 30 exhibitors, opened at 9am. Sessions started at 9:30 and included a wide variety of enjoyable activities. Highlights included a packed house for the early session on Physical Activity and Mental Well-being (the Pickleball crowd), President Kesselman’s informative presentation, a panel on the importance of hobbies in retirement, some fantastic displays of art, readings of prose and poetry, and informative exhibits from Dr. Kim Furphy’s Masters in Occupational Therapy class on technologies and safety in the home. Yoga, meditation, a walk around Lake Fred, a presentation about Peace Pilgrim’s walk for world peace, and so much more made this an enjoyable and informative day. The Stockton Faculty Band and Jammonton on Main provided musical entertainment and helped to raise funds for the Student SFT Scholarship.

Access the online version.

Adult Education Calendar May 2016

Wed, June 1, 1-3pm
Social Security - What You Need to Know to Maximize Your Retirement Income
Woodview Estates

Thu, June 2 & 30, 12-1:30pm & 1:30-3pm
Beginner Card Making Class
Manahawkin Instructional Site

Wed, June 8 & 15, 10am-12pm
One Stroke Painting June Project: Birdhouse
Manahawkin Instructional Site

Early in the day, SCOSA and Stockton’s Office of Human Resources co-sponsored a breakfast meeting of the new Stockton University Retirees Association (SURA) at which the first officers of the association were elected. Peg Fiore (Stockton Foundation - Development) and Kathy Franzeses (Human Resources) will serve as SURA Co-Chairs; Diana Meischker (Performing Arts Center) will serve as SURA Secretary/Treasurer. SCOSA looks forward to our continued working relationship with SURA and HR in sponsoring programs for and with Stockton’s growing number of retirees.

SURA, SCOSA, HR and the Stockton Center for Community Engagement collaborated to collect 275 items and about 280 pounds of non-perishable food at SCOSA’s registration desk. Thanks to Askhia Khawaja, SCCE Student Fellow for coordinating SCOSA Volunteers and members of Professor Kim Furphy’s Occupational Therapy class in sorting and packaging the food, for delivery by Stockton Plant Management staff to the St. Vincent DePaul Society Food Pantry at Assumption Roman Catholic Church in Galloway. The pantry was empty, so our timing was perfect! Collecting food is a natural extension of the university’s mission to serve, so we thank everyone for their contributions.

http://us9.campaign-archive1.com/?u=69ae6a0719e5589529be7001e&id=6a86897dcc&e=32b88138b3
SCOSA Launches Pickleball with Stockton Athletics & Recreation
Stockton’s provision of space in the Sports Center for two Pickleball courts was officially started during our May 19th Festival. Seasoned Pickleball players, who’ve been trekking to Cape May County and other venues, expressed their gratitude for the opportunity to play at Stockton. Over sixty people attended a morning information session in the Campus Center before heading to the Sports Center where experienced “Pickleballers” and interested new folks played or observed. Dr. Lisa Cox (Professor of Social Work & Gerontology and SCOSA Research Chair) introduced the crowd to Jonathan Heck, Stockton’s Director of Athletics Operations. They discussed registration and play procedures; provided nets and equipment for beginners, and shared the initial schedule.

Kickoff Day on May 25th from 8:00 AM – 10:00 AM will be followed by Pickleball play on Mondays and Wednesdays (except holidays and pre-scheduled student events) from 8-10:00 AM. The open dates between now and July 6th are as follows: June 1, 6, 8, 13, and 15 and July 6th. Pickleball is not available all other dates. The schedule after July 6th will be posted on the SCOSA web-site and/or in e-mail to registered participants. IMPORTANT: All players MUST be on the SCOSA list to be admitted to the Sports Complex for play. To sign up “Click Here”, enter your complete contact information and select “Pickleball” as an interest on the SCOSA form. You must also click to agree to receive SCOSA’s monthly E-News and other occasional mailings in order to be added to the Pickleball list.

Recently Approved SCOSA Faculty Research Scholar Projects
Stockton University Provost Susan Davenport recently approved the recommendations for funding of faculty projects related to aging submitted to her by a SCOSA Selection Committee. The projects will occur between July 2016 and June 2017 and include:

- Outcomes Resulting from the Use of Safety Cues in Geriatric TBI and CVA Populations. Stacy Cassel, Ph.D., Assistant Professor of Communications Disorders
- A Tour of Poetry: Sustaining a Creative Outlet for South Jersey’s Older Adults. Emari DiGiorgio, MFA, Associate Professor of Writing.

The selection committee was comprised of David Burdick, SCOSA Director and Professor of Psychology; Lisa Cox, SCOSA Research Chair and Associate Professor of Social Work and Kim Furphy, Associate Professor and Chair, Occupational Therapy, and former SCOSA Fellow. The SCOSA Faculty Research Scholar Program, funded by Stockton’s Division of Academic Affairs, is designed to encourage research, scholarship, and creative projects by members of the Stockton Faculty. For a full list of current and past SCOSA Research Scholars and SCOSA Fellows, visit “Research” at stockton.edu/scosa.
Lisa Cox’s 2016 Research Scholar Project has led to a new book on “Garment Workers of South Jersey”. Available online at Amazon.

Nine oral histories collected from members of the garment industry in Southern New Jersey, particularly the Town of Hammonton, New Jersey have been published in a book that was featured at SCOSA's recent Festival.

The garment industry was an important component of the South Jersey economy throughout much of the twentieth century, especially in the Town of Hammonton, New Jersey. Collected here are informative interviews with nine former garment workers or their family members. Their stories describe a way of life that balanced hard work in the factories with the demands of a caring home life. Here are the words of skilled craftspeople who took pride in their work, their families, and ultimately the lives that they led.

The book’s editors were Lisa Cox, Patricia Martinelli, Christina Birchter, Kristina Boyer and Tom Kinsella. The nine storytellers included Concetta Bailley, Sally Cappuccio-Pietrofitta, Lucy Cercio, Evelyn Kanjarski, Susan Fognano, France Fiori Gherardi, Anne Liberto, Gertrude Presti and Mary Scarduzio.

Paperback: 86 pages  
Publisher: South Jersey Culture & History Center (May 12, 2016)  
Language: English  
ISBN-10: 0988873184  

SCOSA Partner Updates

SCOSA Festival Sponsor Launches Connections Resource Hub in Ocean City:
The Shores and Wesley by the Bay have teamed up to create a resource hub for seniors within the community. This resource hub, entitled Connections, will take place every first and third Wednesday of the month from 10 AM to 2 PM. There will be a wide variety of educational presentations as well as a robust activity schedule to keep everyone engaged throughout the day. Connections will open to the public for the first time on June 1st. It will take place at The Shores, 2201 Bay Avenue, Ocean City, NJ. The day will start off with a ‘resource hour’ along with welcomes and refreshments. Next, Cape Assist will lead a presentation about Pharmaceutical Assistance to the Aged and Disabled (PAAD). There will be a lunch break afterward. A relaxing and inspiring painting seminar will follow lunch. Attendees are also welcome to attend church services at 3:00 PM. Call today, 609-399-8505, for more details. All are welcome to come to this new and exciting event!

Annual South Jersey Dementia Conference
The Alzheimer's Association Delaware Valley Chapter presents its annual conference on Monday, June 6, 2016 at the Crowne Plaza in Cherry Hill, NJ. The program features Keynote Presenter Tam Cummings, Ph.D., author, gerontologist, and internationally recognized educator. Join the Association for a full day education conference with specialized workshops and learn tips & tools to help along the caregiving journey! For more information call the 24/7 Helpline 800.272.3900.

SCOSA is an Elite Sponsor of the Conference and we have fourteen Family Caregiver Sponsorships available, allowing complimentary attendance. Please contact us if you’d like a free pass (first-come, first-served). SCOSA is also organizing transportation for Stockton employees only who wish to attend the event. To register as a Family Caregiver or for more information, please contact Gina.Maguire@stockton.edu.

New Alzheimer’s Association Program:
The Alzheimer's Association, Delaware Valley Chapter aims to improve Alzheimer's patients' care through educating 300 unpaid family caregivers about the care their love ones receive from the primary physician. They will be holding
a session from 6:00pm – 7:30pm, on June 28, 2016 at Royal Suites Healthcare & Rehabilitation Center, 214 W Jimmie Leeds Road, Galloway, NJ 08205. The topic of discussion will be “Conversations about Dementia”. To register, call: 800 272 3900.

Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to: SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441.

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