



Stockton Center on Successful Aging Presents Free Money Management Session for Seniors

Free Workshop for Older Adults Set for July 26

For Immediate Release

Thursday, July 05, 2012

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) will offer a free information session to help older adults make the most of a fixed budget. The workshop, titled Savvy Saving Seniors, is set for Thursday, July 26, 2012, at 10:30 a.m. in the Hammonton Canoe Club Senior Center, located at 100 Sports Drive, Hammonton Lake Park, Hammonton (609-339-6572). All older adults are welcome, and no registration is required.

More than half of all senior households do not have sufficient financial resources to meet median projected expenses based on their current financial net worth, projected Social Security and pension income. This 90-minute program is designed to provide participants with basic money management concepts for a fixed budget, the benefits of banking and an overview of public benefits and how to access and retain them.

The program will address:

- The top ten things all seniors should consider to become a savvy saving senior
- Money management tips and tricks
- The top ten budget busters to avoid money drains
- Becoming resource-FULL and benefitting from benefits

Presented by Laura Berrios, MSW, this program is provided by The National Council on Aging (NCOA). NCOA is a nonprofit service and advocacy organization headquartered in Washington, DC. NCOA's mission is to improve the lives of millions of older adults, especially those who are vulnerable and disadvantaged.

Visit the SCOSA website for updates at www.stockton.edu/scosa or call 609-626-3591.

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