

Stockton Center on Successful Aging Offers Free Workshop on Living Independently June 14

Workshop to be Offered in Egg Harbor Township, N.J.

For Immediate Release

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Galloway, NJ - The Stockton Center on Successful Aging (SCOSA) is sponsoring a free workshop, "Continue to Live Independently," for older adults and their family members on **Tuesday, June 14, 2016**.

Pat Laychock will facilitate the workshop at Village Grande at Little Mill, located at 1 Milroy Road in Egg Harbor Township, N.J. from 2-3 p.m. Refreshments will be served, compliments of Village Grande.

Laychock, a registered respiratory therapist, certified senior advisor and certified dementia care practitioner, has over 20 years of experience dealing with many of the issues people face when trying to remain in their homes.

Participants will learn about planning to age in place, which means continuing to live at home safely and independently while aging. Family impact and services will be topics of discussion.

[Register online](#) or call 609-626-3591. Visit the SCOSA website at Stockton.edu/scosa for more information, updates and cancellation procedures.

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