

Stockton Center on Successful Aging Presents Free Lectures Celebrating American Heart Month

Two Free Lectures on Feb. 10 Support American Heart Association's
'Go Red for Women' Campaign

For Immediate Release

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Contact: Susan Allen
News and Media Relations Director
Galloway Township, NJ 08205
Susan.Allen@stockton.edu
(609) 652-4790
www.stockton.edu/media

Galloway, NJ – The Stockton Center on Successful Aging is sponsoring two free lectures presented by Leslie Baruffi, MBS, MBA for older adults and professionals who work with older adults. The lectures will take place at Stockton University, on the main Galloway campus in Campus Center Meeting Room 1, on **Wednesday, Feb. 10, 2016** from 10 a.m. – noon.

Older Adults & Heart Disease

Discover the warning signs of heart disease, symptoms to watch for and identify, and learn about and discuss the effects of heart disease on you and your family.

Older Adults & Stroke Disorders

Learn about Aphasia, one of the possible side effects of stroke. Baruffi will explore what it is, why it happens and how we can relate to individuals who have Aphasia.

In addition, Marilyn Viventi will be available to speak on Familial Hypercholesterolemia (FH), an inherited disorder that leads to aggressive and premature cardiovascular disease. She will present her perspective as a person living with the disease and explain the misperceptions and barriers to early recognition and early treatment of FH.

Registration is not necessary. Visit the SCOSA website at Stockton.edu/scosa for more information, updates and cancellation procedures.

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