

## Stockton University's Manahawkin Instructional Site to Host Women's Health Fair on March 18

### *For Immediate Release*

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**Galloway Township, NJ** – Stockton University's Manahawkin Instructional Site, along with AtlantiCare and the Rothman Institute, will host a free Women's Health Fair on **Wednesday, March 18**.

The fair includes five seminar sessions, each led by a guest speaker from one of the sponsoring institutions. The one-hour sessions run in succession from 11 a.m. to 4 p.m.

A Health Screenings & Resource Fair also will be open from 11 a.m. to 3 p.m., with screenings and additional information provided by representatives of Stockton's Center on Successful Aging, the Rothman Institute and AtlantiCare imaging.

Each seminar is limited to the first 35 attendees. To sign up, please call 609-626-3883. The fair will be held at the Manahawkin Instructional Site, 712 East Bay Ave.

The five seminars will cover the following topics:

Dr. Raina Gazurian of the AtlantiCare Physician Group will present: "Dr. G's Top 10 List: Why as Women You Need to Take Care of You," from 11 a.m. to noon.

Dawn Gadon of the AtlantiCare Physician Group will present: "Living Longer and Better with Fitness," from noon to 1 p.m.

Gina Maguire of Stockton University will present: "Art for a Healthy Brain and a Happy Heart," from 1-2 p.m.

Anthony Dissen of Stockton University will present: "Nutrition as Preventative Medicine – What You Need to Know," from 2-3 p.m.

Dr. Faith Schick of the Rothman Institute will present: "How to Properly Wear High Heels," from 3-4 p.m.

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