



Stockton Center on Successful Aging News & Upcoming Events

[SCOSA Website](#)

Join Our List

[Join Our Mailing List](#)

Share the News

Scroll to the bottom of this page for a link to forward this issue to your friends & colleagues or go to the [SCOSA website](#) and copy the page address into your email message if you want to forward to a list.

SCOSA Winter-Spring 2014 Older Adult Education Brochure

[Open Online](#)

[Download PDF](#)

News Briefs

SCOSA and Community Volunteers Spread a Little Cheer!

On Monday, January 20, 2014, SCOSA hosted a card making workshop for the MLK Day of Service at the Manahawkin Instructional Site. With the help of over 25 volunteers from the community, including Stockton students, staff and two card making class regulars Jacky Scott and Dorothy Eckhardt, we made 225 cards! The greeting cards will be distributed to children in the K. Hovnanian Children's Hospital at the Jersey Shore University Medical Center and to older adults in local assisted living and memory care units.

SCOSA Partners with Stockton to Go Red For Women

Stockton will **GO RED FOR WOMEN** as part of the American Heart Association's efforts to raise awareness and funds in the fight against heart disease and stroke. Most events are free, open to the public and will be held in the Stockton Campus Center, Stockton in Hammonton, Manahawkin, Woodbine, Stockton Seaview Hotel & Golf Club, Dante Hall and the Arts Garage in Atlantic City. [Click here](#) for full list of events.

Stockton's Growing National Visibility in Gerontology Profiled in Stockton Times

Last week's *Stockton Times* e-newsletter featured a story about SCOSA's growing national visibility. The article profiles the national professional activities of SCOSA's Director, Research Chair/Fellow, and Program Assistant, and a GERO Faculty member that provide us with visibility for members in two

Volume 3, Issue 2 February/2014

Upcoming Professional Education Seminars

March 5, 2014 - First Wednesday Lecture at Health Center at Galloway: **Developing a Handicap Scale for Dual Sensory Loss (i.e. Hearing and Vision) in Older Adults.** Details to come. Visit [website](#) for updates.

Upcoming Older Adult Education Programs

Time to Tell Creative Writing, Memory in Poetry & Creative Non-Fiction February 1st workshop has been rescheduled for Saturday, February 22 from 10:30 - 12:30pm on the Stockton Main Campus, F Wing, Room 121. The next workshop will take place on March 1st, as scheduled at the Noyes Museum. Congratulations to Jenna McCoy, SCOSA's Time to Tell instructor, recently featured in *Everyone Has a Story*, Atlantic City Press, December 30, 2013: [Upper Township native writes about world travels.](#)

Take Control of Your Health...

Strategies to improve your health and manage chronic disease - a program introduction.

Tuesday, February 4, 2014 1:00pm - 2:00pm
Hammonton Canoe Club Senior Center, 100 Sports Drive, Hammonton, NJ 08337. 856-322-7082. No registration necessary. [Flyer](#)

Wednesday, February 5, 2014 2:00pm - 3:00pm
Stockton Campus Center Theatre, 101 Vera King Farris Dr., Galloway 08205. No registration necessary. [Flyer](#)

Angela Bailey, Cape Atlantic Coalition for Health, Instructor. Take Control of Your Health is a FREE evidence based community workshop developed by Stanford University. Join Angela for an introduction to the program and a chance to register for the discussion group series.

Lunch & Laughter is the Best Medicine

Wednesday, February 5, 2014 12:00pm - 2:00pm [Flyer](#)
Brandywine Senior Living at Brandall Estates, 432 Central Avenue, Linwood, NJ 08221. Register [Online](#) or Call 609.626.3591.

Join Maryann, a registered nurse with over 30 years of management and clinical experience in health care and nursing in both acute care and home care settings, to learn how you can use humor and laughter to feel better and age well. Take home laughter guides to share with your family and friends. Join us for lunch - compliments of Brandywine.

Time to Create Art - Seasonal Candle Cozy

Thursday, February 6, 2014 12:00pm - 2:00pm [Flyer](#)
Stockton's Manahawkin Instructional Site, 712 East Bay Ave, Manahawkin 08050. Materials Fee: \$10.00 (Collected by Instructor). [Email](#) or call 609.626.5590 to register.

Thursday, February 13, 2014 10:30am - 12:30pm [Flyer](#)
The Noyes Museum of Art of Stockton College, 733 Lily Lake Rd, Oceanville (Galloway), 08231. Materials Fee: \$15.00 (Collected by Museum). Call 609.652.8848 to register.

Thursday, February 27, 2014 10:30am - 12:30pm [Flyer](#)
Stockton Kramer Hall, 30 Front St, Hammonton, 08037. Materials Fee: \$10.00 (Collected by Instructor). Register [Online](#) or call 609.626.3591.

Create a felt seasonal candle cozy for any standard large jar candle using basic stitching techniques and hearts, stars and clover appliqués. Level: Beginner.

Heart Health Awareness FH - Familial Hypercholesterolemia

Thursday, February 6, 2014 3:30pm - 4:30pm
Stockton Campus Center Meeting Room 5, 101 Vera King Farris Dr., Galloway 08205. No registration necessary. Marilyn Viventi, FH Community Advocate. [Flyer](#)
FH is an inherited disorder that leads to aggressive and premature cardiovascular disease. Marilyn will present her perspective as a person living with the disease and explain the misperceptions and barriers to early recognition and early treatment.

Staying Healthy & Happy as You Age

professional organizations, each with over 5000 members. [Click here](#) to read. In addition, SCOSA Fellow Dr. Lisa Cox was recently interviewed by the AARP as one of 12 "Thought Leaders" on medical and financial challenges faced by AARP's 37 million members. Cox, nominated by NASW for this project, joined thought leaders from UCal-Berkeley, USC, the Mayo Clinic, the Cleveland Clinic, the University of Michigan and elsewhere.

SCOSA is proud to partner with Village by the Shore, a new initiative by [Jewish Family Services \(JFS\)](#) providing services and socialization to older adults through a unique concierge style. [Read about the partnership here.](#)

Growing Up in the Other Atlantic City

will be performed on campus from February 12-16 in the PAC Experimental Theatre, and on February 21st in Dante Hall. [Click here](#) for info. Celebrate the world premiere of an original collaboration by Atlantic City native, Guided Autobiography participant and presenter at SCOSA's 2013 Successful Aging Festival, Turiya Raheem. From the 1920s through the 1970s the Washington family helped build and shape a vibrant and thriving African American community in Atlantic City's Northside neighborhood. As we move through each decade of this true history, we witness the laughter, tears, ingenuity, hard work and commitment of one family's pursuit of the American Dream. The play was adapted for stage and is directed by Pamela Hendrick, professor of Theatre at The Richard Stockton College of New Jersey, in collaboration with Raheem. For tickets and more information, call the Box Office at 609-347-2162.

Noteworthy

Stockton's Relay for Life - February 1

6:00pm - Sports Center [Participate](#) and help Stockton raise funds for cancer research.

"That's Amore"

Hammonton's Third Thursday

The Newlywed Game - Not Just for Newlyweds! Stockton's own, Dr. Michael Hozik, Master of Ceremonies Thursday, February 20th 6-8 pm.

Join us for some fun and good laughs.. Win prizes! Light refreshments served. Event is free...

Art Gallery, Kramer Hall, 30 Front Street,

Friday, February 7, 2014 1:00pm - 2:00pm
Stockton Campus Center Meeting Room 5, 101 Vera King Farris Dr., Galloway 08205. No registration necessary.

Maryann Prudhomme, RN. [Flyer](#)

Join Maryann Prudhomme, a registered nurse with over 30 years of management and clinical experience in health care and nursing in both acute care and home care settings, to learn how you can help yourself to stay healthy and happy by using the things that you love: food, sleep, and active fun. Come, bring your family and friends and have some fun learning to be healthy and happy.

Time to Create Art - Wool Felted Silk Scarf

Saturday, February 8, 2014 10:30am - 12:30pm
The Noyes Museum of Art of Stockton College, 733 Lily Lake Rd, Oceanville (Galloway), 08231. Materials Fee: \$45.00 (Collected by Museum). Call 609.652.8848 to register.

Niki Giberson, Instructor. [Flyer](#)

Learn the art of placing wool on a silk scarf and felting it into place to make a one of a kind designer accessory using dyed wool & other fibers.

A Tour of Poetry for Seniors

Saturday, February 8, 2014 11:00am - 12:30pm [Flyer](#)
The Otto Bruyns Public Library of Northfield, 241 W. Mill Road (between Shore & New Road), Northfield, NJ 08225. 609.646.4476.

An ongoing series hosted by the Otto Bruyns Public Library of Northfield, offering the poetry enthusiast an opportunity to enjoy the works of local artists while writing and sharing their own work with an audience of their peers. Participants will share a light luncheon, compliments of [Ventura's Offshore Cafe](#) and the library. Guest speaker, Tom Chin, will show a short film and discuss the portrayal of artists, specifically poets in film and pop culture. Register [Online](#) or call 609.626.3591.

Top 10 Reasons to Smile

Friday, February 14, 2014 1:00pm - 3:00pm
Stockton's Manahawkin Instructional Site, 712 East Bay Ave, Manahawkin 08050. [Email](#) or Call 609.626.5590 to register. Mary Valis, MA, Instructor.

As we all become savvier about our focus on improved health, here are the top 10 reasons smiling can improve your level of stress, your attractiveness, and your overall health! Join us in learning why smiling is just a fun way to live longer... dark chocolate and hugs included.

Enough!! No More Plastic Bags

Thursday, February 20, 2014 11:00am - 12:00pm
Stockton's Manahawkin Instructional Site, 712 East Bay Ave, Manahawkin 08050. [Email](#) or Call 609.626.5590 to register. Barbara Reynolds, Instructor.

Learn about the problems caused by plastic bags & how to create a cool alternative: turning t-shirts into cloth bags. Bring your own t-shirt. In five to ten minutes, with no sewing involved, you will have a bag to take with you.

Beginner Card Making Class

Friday, February 21, 2014 12:00pm - 2:00pm
Stockton's Manahawkin Instructional Site, 712 East Bay Ave, Manahawkin 08050. [Email](#) or call 609.626.5590 to register. Ann Blazovic & Gina Maguire, Instructors.

Join us for this free beginner's card making class. You will make greeting cards suitable for sending to your friends and family. This is planned to be a series of classes, so come and enjoy the art of paper crafting.

Time to Tell Autobiographical Writing Session

Friday, February 28, 2014 12:30pm - 3:00pm
Stockton's Manahawkin Instructional Site, 712 East Bay Ave, Manahawkin 08050. [Email](#) or call 609.626.5590 to register. Gina Maguire, Instructor.

Participants will be guided and instructed through fourteen life themes. Sharing, support and constructive criticism will be incorporated into the sessions.

Register Now: SCOSA's Let's Draw & Paint Workshops

Welcome and thanks to Tom Sandor and Alice White-Marks, our first volunteer artists to teach drawing and watercolor painting. [Click here](#) for a schedule of upcoming classes and registration information. If you are interested in teaching or participating in future workshops let us know by [signing up here](#).

Reminders

Research Study Opportunity - Last Call

Your participation will help develop a screening tool for dual sensory loss in older adults.

Dr. Debra Busacco, SCOSA Research Scholar, is seeking participants over 64 for a 1-2 hour research study at Stockton.

Hammonton, NJ 08037
609-626-3840

Plan to Travel this Summer [Life-Long Learning in England](#)

Links to Stockton/et al. Events

[Arts & Humanities on Facebook](#)
[Performing Arts Center](#)
[Holocaust Resource Center](#)
[Art Gallery](#)
[Veteran Affairs](#)
[Hughes Center](#)
[BayAtlanticSymphony.org](#)

Subjects must have BOTH a hearing and visual loss of any degree and will be required to complete a brief evaluation and questionnaire. Please contact Dr. Busacco by January 28th at: dabusacco@aol.com or 609.626.3591 and leave your contact information.

SAVE THE DATE

SCOSA 2014 Aging Successfully Festival
Tuesday, May 13, 2014 [Flyer](#)
[Sponsor, Donor, Exhibitor & Advertiser Prospectus](#)
Visit the [SCOSA Festival](#) website for updates

Save the Date

[Senior Theatre USA](#) Festival and Conference June 8-12 at Bally's Atlantic City.

SCOSA Event Cancellation Procedure

Check the [Stockton Homepage](#) for campus wide closures. Check the [SCOSA website](#) for SCOSA off-campus event cancellations & rescheduling.

[Stockton Center on Successful Aging](#)
Richard Stockton College of New Jersey
101 Vera King Farris Drive, Galloway, NJ 08205 609.626.3591 Fax: 609.626.3620
[David C. Burdick](#), Director 609.652.4311
Programming: [Anita Beckwith](#) 609.626.3591 / [Gina Maguire](#) 609.626.5590



[Forward this email](#)



This email was sent to ariane.newman@stockton.edu by david.burdick@stockton.edu | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



Stockton Center on Successful Aging | Richard Stockton College of NJ | 101 Vera King Farris Drive | Galloway | NJ | 08205-9411